

Hey, Canton Residents!

IT'S NOMINATION TIME!



Nominate a Special Senior in Honor of Older Americans Month 2022

WHO?

Nominations are sought for **Canton Residents aged 55+**. One Canton Senior will be chosen and honored in May for "**Aging My Way**." See guidelines below.

HOW?

Send a written summary that explains why your nominee is deserving of recognition. See guidelines below.

Email to:

SeniorFun@TownofCantonCT.org or

Mail/Drop off:

at the Senior Center office @ 40 Dyer Ave.

WHEN?

Deadline is **May 15th**. Award to be presented to one Canton Senior on **Wednesday, May 25th at 12:45 PM** at the Canton Senior Center following the normally scheduled Community Café lunch.



Age my way!



Nomination Guidelines

Just as every person is unique, so too is how they age and how they choose to do it. This year's theme focuses on how older adults can age in their communities, living independently and participating in ways they choose.

Who do you know who has done any of the following:

Remained involved in the Canton community through work, volunteer, and/or civic participation opportunities? Made home improvements and modifications, or used customized technologies to assist their aging in place? Maintained or initiated social activities and relationships to combat social isolation and stay connected to the community? **QUESTIONS? Call The Canton Senior Center @ 860.693.5811**