



# Canton Connection

Winter 2009/2010 4<sup>th</sup> Edition

[www.townofcantonct.org](http://www.townofcantonct.org)

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## **CHIEF LOWELL HUMPHREY RETIRES**



On Tuesday, October 6<sup>th</sup> Chief Lowell Humphrey's family, friends, and colleagues wished him well in his retirement at a reception held in his honor. Chief Humphrey served the Town of Canton for 34 years in various public safety capacities. It all began when he joined the force in 1976 as a cadet dispatcher; he worked his way through the ranks and was appointed Chief in 1995.

At the reception First Selectman Richard Barlow presented Chief Humphrey with a proclamation on behalf of the Board of Selectmen. He was also presented with a proclamation from Governor Rell as presented by State Representative Timothy Legeyt. From his family, friends, colleagues and supporters he was given an engraved Bulova crystal pendulum clock and donations were made in his honor to the Canton Fuel Bank and Canton Food Bank.

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## **PARKS & RECREATION FLYER**

The Parks & Recreation flyer is in here! Our new and improved newsletter includes the entire Parks & Recreation flyer along with the registration form for events. All the upcoming winter events, bus trips, classes and swimming lessons are located on pages 10-19. Post this newsletter in the kitchen, your office or download it off the internet to stay informed of all of December, January, February, March and April's exciting events!

## **DANIEL MANYAK TAKES HOME THIRD PLACE AT CASHO'S ANNUAL "ROADEO"**



Each October, the Connecticut Association of Street and Highway Officials (CASHO) holds the CASHO's Snow Plow Safety "Roadeo." At the event representatives from Connecticut's municipalities and DOT districts compete against each other demonstrating their driving skills. This year there were over 40 competitors and our very own Daniel Manyak took home third place. The event is held at Mountainside in Wallingford and besides being fun; the "Roadeo" also provides a venue for people to share driving experiences and educational information. For more information this event or CASHO please visit [www.ctcasha.com](http://www.ctcasha.com).

**MEETING SCHEDULES**

(Held Monthly at Community Center)

**BOARD OF SELECTMEN:**

First and Third Wednesday, 7 pm

**BOARD OF FINANCE:**

Third Monday, 7:30 pm

**BOARD OF EDUCATION:**

Second and Fourth Thursday, 7 pm

**BOARD OF ETHICS:**

Second Thursday, 7pm through 12/31/2009

**LAND USE COMMISSIONS****CANTON CENTER HIST. DIST.**

Second Wednesday, 7 pm

**COLLINSVILLE HISTORICAL DISTRICT**

Second Tuesday, 8 pm (Town Hall)

**CONSERVATION COMM:**

Fourth Wednesday, 7:30 pm

**INLAND WETLANDS:**

Second Thursday, 7 pm

**PLANNING COMMISSION:**

First Monday, 7:30 pm

**ZONING BOARD OF APPEALS:**

Second Monday, 8 pm

**ZONING COMMISSION:**

Third Wednesday, 7:30 pm

**OTHER COMMISSIONS****COMMISSION ON AGING:**

First Monday, 12 Noon

**ECONOMIC DEVELOPMENT:**

Second Tuesday, 7:30 pm

**LIBRARY BOARD OF TRUSTEES:**

Second Wednesday, 7:15 pm

**OPEN SPACE COMMISSION:**

First Tuesday, 7:30 pm

**PARKS & REC. COMMISSION:**

Third Monday, 7 pm

**WATER POLLUTION:**

Second Tuesday, 7 pm

**YOUTH SERVICE BUREAU:**

Fourth Thursday, 6 pm

**TOWN HALL HOURS****Monday, Tuesday & Thursday**

8:15 am to 4:30 pm

**Wednesday**

8:15 am to 6:45 pm

**Friday**

8:15 am to 12 Noon

**TOWN WEBSITE**Please visit our website at [www.townofcantonct.org](http://www.townofcantonct.org) and sign up for electronic notification of meetings and important information!**SELECTMEN'S CORNER**

Like the season, your Board of Selectmen is going through a time of transition. By the time you receive this edition Shirley Krompegal and Mary Tomolonius will have been replaced by Steve Roberto and Bruce Lockwood. We thank Shirley who is retiring after many years of service to the Town as Town Clerk and Selectman, and Mary who is moving onto the Board of Finance after serving for fourteen (14) years as a member of the Board of Selectmen including six (6) years as First Selectman. We look forward to Steve and Bruce helping to lead the Town. Both have outstanding records of service to the community.

We also announce two new employees who will have an impact on Town Services. John Murphy will become Police Chief on December 7<sup>th</sup>. John joins us after twenty-five (25) years of experience with the Town of East Hartford including rank as Deputy Chief. Brian Wilson came on board in November as our Director of Social Services / Parks & Recreation. He has previously served as the Park and Recreation Director for the Town of Essex. They will be a welcome addition to our team.



On behalf of all the Towns employees and those who volunteer their services we wish you a joyous holiday season and Happy New Year.

A special thank-you is extended to Ms. Betty Fiora for planting flowers and landscaping at the "Welcome to Canton" signs on Route 44.

**H1N1 INFORMATION**

For up-to-date information on the H1N1 Vaccine (aka Swine Flu) please visit the Farmington Valley Health District (FVHD) website at [www.fvhd.org](http://www.fvhd.org).

The FVHD is working with the Connecticut Department of Public Health to vaccinate all residents within their district. The FVHD hopes to voluntarily vaccinate all residents of Avon, Barkhamsted, Canton, Colebrook, East Granby, Farmington, Granby, Hartland, New Hartford and Simsbury.

Their website offers important updates, clinic schedules, a H1N1 email list and the Flu Vaccine Consent Form to download and print.

**BOARD OF SELECTMEN**Richard J. Barlow, *First Selectman*

860-693-7847

[rbarlow@townofcantonct.org](mailto:rbarlow@townofcantonct.org)David W. Gilchrist, *Deputy First Selectman*

860-693-8406

[dwgilchrist@att.net](mailto:dwgilchrist@att.net)

Marc E. Cerniglia

860-212-2284

[mcerniglia@ascent-vtc.com](mailto:mcerniglia@ascent-vtc.com)

Bruce A. Lockwood

860-693-0332

[lockwoodbruce@comcast.net](mailto:lockwoodbruce@comcast.net)

Stephen J. Roberto

860-693-0368

[Steve@BodyPartsLLC.com](mailto:Steve@BodyPartsLLC.com)**ALL TOWN OFFICES WILL BE CLOSED:**

Friday, December 25, 2009 Christmas

Friday, January 1, 2010 New Year's Day

Monday, January 18, 2010 Martin Luther King's Day

Monday, February 15, 2010 Washington's Birthday

Friday, April 2, 2010 Good Friday



Leisure Vacations, Cruises, Groups,  
Destination Weddings, Honeymoons

*Harmon Travel*

Marge Harmon 860.693.2012  
[Marge@HarmonTravel.net](mailto:Marge@HarmonTravel.net)

Sue Allen 860.306.1136  
[sooze.allen@comcast.net](mailto:sooze.allen@comcast.net)

[www.HarmonTravel.net](http://www.HarmonTravel.net)

SEARCHING FOR A PRODUCT, SERVICE OR BUSINESS IN CANTON? GO TO

**www.CantonChamberofCommerce.com**

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- Detailed product & service descriptions
- Dynamic—frequent updates
- Website-linked for more information
- Find contact names, phone numbers and email addresses
- Listing is a member benefit with Chamber membership



**Canton Chamber of Commerce**

NOTE OUR NEW LOCATION: Rt. 179, .2 MILES SOUTH OF MINER'S INC.

**101 River Road • Canton • 860.693.0405**

info@cantonchamberofcommerce.com

## HELP WANTED!



The Canton Volunteer Fire & EMS Department needs volunteers.

Valuing Life...at a Moment's Notice.

**Join us today!**

Please visit our website at

[www.cantonfireandems.org](http://www.cantonfireandems.org)

Or call our Chief at 860-693-7858 or 860-693-2325.

## VOLUNTEER BOARD / COMMISSION VACANCIES

Serving on a Board or Commission is a great way to become involved in our community and meet the needs of Canton's citizens. Vacancies currently exist on the following boards and commissions:

- Board of Education
- Canton Center Historic District Commission
- Canton Public Library Board of Trustees
- Economic Development Agency
- Farmington River Coordinating Committee
- Inland Wetlands & Watercourses Agency
- Juvenile Review Board
- Open Space Preservation and Acquisition Commission
- Parks & Recreation Commission
- Pension Committee
- Plainville Area Cable Telephone Advisory Council
- Planning Commission
- Town Meeting Moderators
- Water Pollution Control Authority
- Youth Services Bureau
- Zoning Board of Appeals
- Zoning Commission

Each Board / Commission holds monthly meetings; a schedule of which can be found on the second page of this newsletter or on the Town's website. If you are interested in serving or would like more information, please contact Richard Barlow, First Selectman at 860-693-7847.

Richard J. Vincent, Sr. Mary O'Keefe Vincent Richard J. Vincent, Jr.

# VINCENT

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## SENIOR SERVICES NEWS

### DIAL-A-RIDE

Transportation is available for seniors over 60 and persons with disabilities, for trips within Canton, Monday through Friday, 9:30 am – 3:30 pm. CALL 860-693-6876, between 8:00 am and 12:00 Noon a day ahead, or Friday for Monday. Each ride costs \$.50 and tickets can be bought in the Town Clerk's office at Town Hall and at the Senior Services office.

### MEDICAL TRANSPORTATION

Rides to medical appointments are offered via Valley Cab to seniors over 60 and persons with disabilities to most areas of Connecticut. The cost is covered by grants to the Town, and riders pay a gratuity only. Call 860-693-5811 with your request and Senior Services will make the arrangements.

### SCRIBE / E-SCRIBE

What's going on for seniors?? Find out in the Scribe mailed every 4 months, and the E-scribe emailed every two weeks. Call 860-693-5811 to get on either list or email Senior Services Director, Claire Cote at [ccote@townofcantonct.org](mailto:ccote@townofcantonct.org). Both can be found on the Senior Services new and improved website as well.



### PROGRAMS TO KEEP YOU MOVING

**YOGA:** A new session is starting in January 2010!! Learn Gentle Movements Yoga in a supportive atmosphere either on a chair or on a mat. All levels and abilities are welcome. Class times: Wednesdays from 2:00 – 3:00 pm at the Community Center.

**TAI CHI:** Senior Services also offers a 55+ Tai Chi for Osteoporosis & Falls Prevention Course. Tai Chi is a simple, safe and effective program to prevent bone loss and improve balance. This class runs continually on Thursdays from 1:30 – 2:30 pm at the Community Center.



Call 860-693-5811 for more information.



**Come Worship  
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Sunday Services  
8:00 AM  
10:00 AM

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(860) 693-8172 [www.TrinityCollinsville.org](http://www.TrinityCollinsville.org)

### FREE AARP TAX INCOME TAX PREPARATION

AARP Volunteer Tax Counselors will again be offering free income tax preparation at the Canton Community Center, Wednesday mornings from 8 am to 12 Noon, starting February 3, 2010 and continuing through April 14, 2010. Please call Senior Services at 860-693-5811 to schedule an appointment for this free service.

### PROGRAMS TO MANAGE HEALTH

#### DIALYSIS TRANSPORTATION:

Volunteer drivers are available to take people to dialysis appointments. Call Pat Swan at 860-693-8619 for more information.

#### BLOOD PRESSURE SCREENING:

Available at the Senior Center **every** Wednesday from 12 Noon to 2:00 pm. No appointment necessary.



#### CHOICES:

Help with Medicare, prescriptions and entitlement programs. Available the second Tuesday of each month. 860-693-5811 for an appointment.

#### VIAL OF LIFE:

Have your current prescription information ready in case of an emergency. Pick one up **FREE** at the Senior Center.

### ONGOING RECREATIONAL PROGRAMS

#### WEEKLY BRIDGE:

Players meet every Friday from 1 – 3:00 pm. You can play as a regular or a substitute. Call 860-693-5811 for more information.

#### 60+ CARD GROUP:

Set-Back and Pinochle players meet **every** Wednesday **and** Friday at 12:45 pm in the Senior Room. Call Maureen Wallison at 860-693-8734 for more information.



#### CANTON SENIOR CLUB:

Meets the first Thursday of each month at 1:00 pm in the Senior Room. Call Louise Kleckowski at 860-693-3819 for more information.

#### MONTHLY POT LUCK:

The last Monday of each month at 12 Noon. Bring a dish to share and have a fun lunch!



#### IN THE NEWS:

Meets the first **and** third Thursday in the Senior Room to discuss current events (local, national and international) at 11:00 am.



## TOWN TEAM NEWS

124 MAIN STREET CANTON CT 06019



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### MEET BRIAN WILSON

**Position in Town:** Brian Wilson is the new Parks & Recreation/Senior Services Director

**Background:** Brian was most recently the Parks & Recreation Director for the Town of Essex, CT. Prior to working in Essex, he worked for the Recreation Department in the city of Dover, NH. Brian is a native of Thomaston, CT and is very excited to be part of the Town of Canton.

**Education:** Brian received a degree in Outdoor Recreation from Paul Smith's College in New York. He also received a degree in Recreation Management and Policy from The University of New Hampshire.

**Best Part of the Job:** Brian enjoys getting to know the community and serving as a resource for all things fun and enriching.

**Personal:** Brian married his high school friend, Sarah Mackiernan-Wilson in New Hampshire. They have one child, Wesley, who turned three this November. Brian is an avid outdoorsman and enjoys hiking with his family and two dogs; he especially loves winter recreation.

**Little Known Fact:** Although Brian has heard many Beach Boys jokes throughout his life for sharing the same name as the lead singer, the only thing they have in common besides their name is that they both play the piano!



### MEET PETER GETZ

**Volunteer Position in Town:** Peter is currently the President of the Canton Athletic Booster Club (CABC) having volunteered for the past six years, President for the past three years.

**Background:** Having grown up in Farmington, Canton was an easy fit for his family while being employed as a Police Officer with the City of Hartford for 21 years. He retired as a Detective approximately seven years ago, having served in the Patrol, Major Crimes, and Juvenile Departments as well as the Joint Terrorist Task Force with the FBI. He currently is an Investigator for Aetna in Hartford.

**Education:** Peter graduated from St Paul Catholic High School in Bristol and attended Tunxis Community College.

**Best Part of Volunteering:** Peter enjoys giving back to the community in ways that don't always show in the box scores. The CABC assists the school staff and coaches to better prepare our youth for the ever challenging competition. Peter is proud to be part of such a great organization. He was also a member of the Juvenile Review Board. Peter can usually be found at a High School athletic event or at the town transfer station on Saturday mornings sorting cans and bottles for the athletes with the Canton Athletic Booster Club.

**Personal:** Peter is married to Janette, who in her own right, has given back as Middle School PTO member/president and Canton Youth soccer coach and board member. They have two children. Matt, currently a Junior at UCONN is majoring in Athletic Training and Sarah, a CHS Senior planning on pursuing a Nursing career upon graduation this spring. Sarah is the student representative for the CABC.

**Little Known Fact:** Peter has been a Certified Adjunct Instructor for the Hartford Police Department since 1990 specializing in Investigative, Crime Scene and related fields for basic recruit officers. Peter has recently begun instructing at the State of CT MPTC- POST (Police Officer Standards and Training) for entry level recruits statewide. At one point, the Getz family included his father and three brothers along with Peter in Law Enforcement at the same time. His father was with the Farmington Police (Retired Sergeant), and his brothers with Canton, Hartford and West Hartford Police Departments. One is still a sworn Chief of Police.

**If you can dream it, you can do it.**  
~Walt Disney

## ART EXHIBITS

A visit with a view...The Town Hall has opened its doors to members of the Gallery on the Green to display their remarkable pieces of art. Exhibits will be displayed on the first and second floor of the Town Hall, changing every two (2) months. Visit



our website at [www.townofcantonct.org](http://www.townofcantonct.org) to learn more about scheduled artists. Currently displayed are fine art images by Antonio Gruttadauria. Look for artwork from Thomas Rickis in January & February of 2010!

Questions can be addressed to coordinators, Michelle Schroder, 860-693-7841 or Harriet Boyko, 860-693-7854.

The best vitamin for making friends.....B1. ~ Unknown

## TAX SEMINAR

Tax-time cometh...As you plan for retirement abundance a crucial question faces you. What is the 'true cost' of accepting a tax deduction today?

Blindly chasing vehicles created by **thievish** for-profit financial institutions, pitched by a **self-interested** sales force, colored by mainstream mass media **misinformation** and granted 'temporary tax-savviness' by a **tax-hungry** government may not serve your highest good.

Stop 'obeying' financial advisors by learning to filter through myriad product-pitches and losing financial strategies with a discernment which honors your unique life path.

Mike D'Apice will share his practice of Money-Mindfulness where you will learn to position income and assets in a way which builds more wealth to spend and enjoy, minimizes market risk, reduces taxes over a lifetime and counters losses due to death or disability.

Mike invites you to find space where you can think and feel things through as you compare alternative financial journeys through case study and learn to tread your own path to a more excellent financial destination.

Tuesday, February 9, 2010 (snow date February 23), 7:00 – 8:30 pm at the Canton Community Center, Conference Room E. All are welcome. Ideal for those aged 30 to 59. Reservations required. Call Canton Parks and Recreation at 860-693-5808.

See Mike's business card on Page 15!

## TOWN CLERKS OFFICE

**Transfer Station stickers** for 2010 are now available at the Town Clerk's office. All residents **MUST** present a copy of their vehicle's REGISTRATION for each car in need of a sticker. The fee is \$100 for the first car and \$1 for the second vehicle in the household. You may also receive the annual permit by mail by sending a copy of the registration along with a check payable to the "Town of Canton" to: Town Clerk, PO Box 168, Collinsville, CT 06022.



**Christmas trees may be discarded at the Transfer Station at no charge with proof of residency through January 30, 2010.**

**Sport Licenses** for 2010 are available at the Town Clerk's office, Dick's Sporting Goods or on-line by visiting <https://ct.outdoorcentral.net/InternetSales/index.aspx>. For a complete listing of the new license fees, go to <http://www.townofcantonct.org/content/154/182/599.aspx>.

## THE CANTON HISTORICAL SOCIETY, INC.



11 Front Street  
Collinsville, CT 06019

(860) 693-2793  
e-mail: [cantonhistoric@sbcglobal.net](mailto:cantonhistoric@sbcglobal.net)  
[www.cantonmuseum.org](http://www.cantonmuseum.org)

## TAX OFFICE REMINDER

For those who have a second tax installment due January 1<sup>st</sup> for real estate and/or personal property bills, please use the slip you were sent this past June to make your payment. If you are planning to make your January payment in December to enable you to take the tax deduction this year, please ensure that the payment is postmarked by December 31<sup>st</sup>. If you would like a deadline reminder e-mail go to the town web site [www.townofcantonct.org](http://www.townofcantonct.org), departments, tax collector, bottom left-click on receive e-mail notifications and sign up. The motor vehicle supplemental (MVS) bills will be coming out at the end of December and need to be paid by February 1, 2010. You should receive a MVS bill if you registered a car between 10/2/08 and 8/31/09. Call the tax office at 860-693-7843 if you were expecting a bill and did not get one. The town hall is open each Wednesday until 6:45 pm and closes at Noon on Fridays.





## CANTON PUBLIC LIBRARY

### LIBRARY HOURS

Mon. – Thu. 10:00 am to 8:00 pm  
 Friday 10:00 am to 5:00 pm  
 Saturday 10:00 am to 5:00 pm  
 (Labor Day to June 30<sup>th</sup>)  
 Sunday 1:00 pm to 4:00 pm  
 (November 1<sup>st</sup> – March 28<sup>th</sup>)

Canton Community Center  
 40 Dyer Avenue  
 Canton, CT 06019

Questions?  
 Call 860-693-5800  
 Fax: 860-693-5804

[www.cantonpubliclibrary.org](http://www.cantonpubliclibrary.org)

### Happy Birthday, Library!

It's hard to believe that it has been ten years since the library opened at its Dyer Avenue home (December 13, 1999). We hope you have enjoyed all the amenities that the larger, newer facility has allowed, many made possible by donations from the Friends of the Canton Public Library.

The Friends Annual Membership/Fund drive will begin in January. If you are already a Friend, you will receive renewal information in the mail. If you are not already a member, please consider joining. Pick up a membership envelope at the library or send your membership check to The Friends of the Canton Public Library, Inc., P.O. Box 136, Canton, CT 06019-0136. Supporting Memberships \$50 or more. Family Memberships \$25. Individual Memberships \$10.

We always welcome new, active members to help with our projects such as the annual book sale, newsletter, "Coffee And..." etc. Include your e-mail address and we will alert you to meetings and volunteer opportunities.



### *Friends of the Canton Public Library*

The Friends of the Library held their most successful annual book sale ever on September 12 and 13, 2009. Susan Bahre, Vice President of the Friends, writes: *"The Friends of the Canton Public Library would like to thank everyone who contributed to the success of our Annual Book Sale on September 12 and 13. We appreciate those who donated books, helped sort, and assisted in set-up, including a number of Canton school students. Thanks to Marandino's and Fitzgerald's, who provided the Sunday Sale bags, and to Bahre's Package Store, M&R Liquors, the Center Spirit Shop, and Super Cellar Warehouse Liquors who provided boxes for storage. Thank you, Rob Simon, Library Director, and the library staff, whose assistance was critical throughout the collection period. A special thank you goes to Tim Duntz, the Library /Community Center building maintainer, whose help during the process was invaluable. We sold over \$9,700 worth of books and audiovisual items, and all proceeds from the sale will benefit the Canton Public Library."*

### Admission Passes

The library has added 2 new admission passes to its collection. The Eric Carle Museum of Picture Book Art in Amherst, Massachusetts is wonderful place to visit! Our pass offers free admission for up to 2 adults and 4 children. We also have a limited number of one-day passes to the Connecticut Science Center in Hartford. Starting in January 2010, we will offer an admission pass to the Old State House in Hartford for up to 2 adults and 2 children. Questions about our pass program? Call us for details. Check our website for a list of all the admission passes we lend and what discounts these passes offers. All of our passes are gifts the library paid for by The Friends.

### New Library Cards

Get your new library card. Even if your current blue card hasn't expired yet, you can turn it in and get a new card. The new card looks vastly different and gives you the option of a key ring card.



### Suggestion Box

Have a suggestion or an idea? We have a suggestion box in the magazine area, right below a bulletin board where we post visitor suggestions and library replies. All serious suggestions will be considered and answered.

### Sunday Hours

The library is open on Sunday afternoons between November 1, 2009 and March 28, 2010. Hours are 1:00 to 4:00 pm. *Please note one exception, we will be closed on Sunday, December 27<sup>th</sup>.*

### Databases

Our library now owns 3 online information databases which are gifts from the Friends of the Library. *Learning Express Library* offers a range of interactive skill-building courses and instantly-scored practice tests, including over 700 practice exams for students and adults, plus a "Job & Career Help Center." Our new *Hartford Courant Historical Database* gives users access to articles that appeared in the Courant from 1923 to 1984; years not covered by the State Library databases. *JobNow!* is a resource to help people review their resumes, cover letters and practice interviewing, all online. In addition to live, real-time interactive help, a variety of resources will guide users through the necessary tasks toward getting a job. All 3 databases are accessible from the library computers AND your personal computers, and are entered through our website (click on the link marked "Electronic Resources"). You must be a Canton library cardholder to use these databases, which supplement the many databases available through the Connecticut State Library at [www.iconn.org](http://www.iconn.org).

## CANTON PUBLIC LIBRARY - PROGRAMS FOR ADULTS & TEENS

**Saturday, December 12, 2:00 pm:**

Canton resident and author David Leff will read from his new book, *Deep Travel*

**Thursday, January 21, 7:00 pm:**

Neat tips from a professional organizer

**Sunday, January 24, 2:00 pm:**

A performance by Lorena Garay, classical guitarist

**Wednesday, January 27, 7:00 pm:**

A visit by author Chris Knopf

**Saturday, March 20, 2:00 pm:**

A gardening program featuring "The English Lady"

**Sunday, March 21, 2:00 pm:**

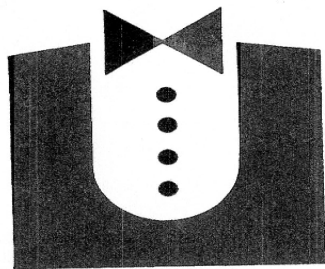
A performance of Irish and Appalachian music by Julee Glaub

**Programs still in the planning stages for January or February:**

Janet Bristow, a founder of the Prayer Shawl Ministry, will speak

Come watch a series of 4 classic comic films for adults on Saturday afternoons.

*Call the library or visit our website for information on these and other library programs.*



**"You look like  
a million bucks!"**

**...But you may not be worth a dime if you're sued.**

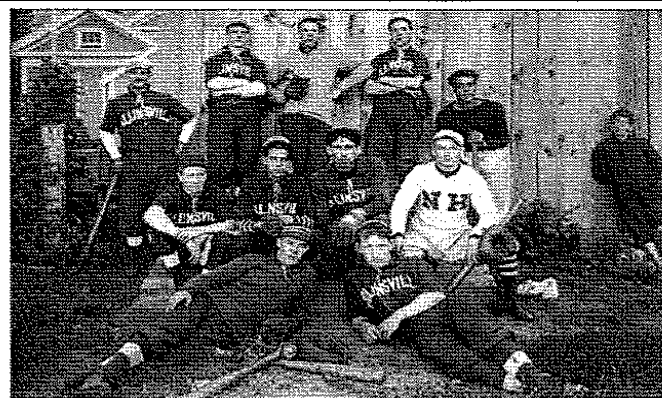
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**Our Monday Evening Book Discussions group** meets on the second Monday of each month (except July and August) from 7 – 8:00 pm at the library. **Upcoming Titles and Dates:**

*Last Refuge* by Chris Knopf (January 11), *Sarah's Key* by Tatiana de Rosnay (February 8), *Tom Sawyer* by Mark Twain (March 8), *Hope Endures: Leaving Mother Teresa, Losing Faith, and Searching for Meaning* by Colette Livermore (April 12), and *Olive Kitteridge* by Elizabeth Strout (May 10).

**Our Saturday Book Conversations group** meets on the last (not always the fourth!) Saturday of each month (except July and August) from 1 – 2:00 pm at the library. **Upcoming Titles and Dates:** *The Irregulars: Ronald Dahl and the British Spy Ring in Wartime Washington* by Jennet Conant (January 30), *The Summer Book* by Tove Jansson (February 27), *The Power of One* by Bryce Courtenay (March 27), a discussion of members' personal favorites (April 24), and *Dragon Bones* by Lisa See (May 29).

**New members for both groups are always welcome!**



## CANTON PUBLIC LIBRARY

Our **Winter Story Time Session** begins January 4 and runs through February 12. Registration opens December 15 for Canton residents, then on December 22 for out-of-town residents. The schedule:



- Mondays at 10:30: Story Time for 2 year-olds and a parent/caregiver with Ms. Heather. (**Note day change** – this program has moved from Tuesdays)
- Wednesdays at 10:30: Story Time for 3 year-olds and a parent/caregiver with Ms. Heather.
- Wednesdays at 1:30: Story Time for 4 and 5 year-olds (including Kindergartners) with Ms. Betsy.
- Thursdays at 10:30: Story Time for 4 and 5 year-olds (including Kindergartners) with Ms. Betsy.
- Fridays at 10:30: Story Time for 2 and 3 year-olds and a parent/caregiver with Ms. Heather.

Our **Spring Story Time Session** begins March 8 and runs through April 16. Registration opens February 22 for Canton residents, then on March 1 for out-of-town residents. Same schedule of classes as noted above.



Citrus  
SALON & SPA  
is going  
Green

### ORGANIC COLOR SYSTEMS

**The best thing about our color is what is left out.**

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Canton Center, CT 06020

Tel. 860-693-0143  
Cell 860-965-2814

### EVENTS IN THE CHILDREN'S ROOM

**Saturday, February 27:** The R.E.A.D. Therapy Dogs will visit the Canton Public Library for 1-on-1 reading times with our youngest readers (ages 5 to 10). See our website for more details. Registration will be required due to limited availability.

### **April 19-23 (Canton school vacation week):**

We'll have special programming throughout the week. See our website for details, but our events will include a special guest performer, a story time event, and a Movie on the Big Screen (with free hot popcorn).



**January to April:** We will offer a series of Yoga story times thanks to a grant we received from the Canton Health Initiative. Exact dates and times to be announced – watch our website. Registration will be required.

**Monday, February 1:** We'll start our first ever "Winter Reading Program" for children ages Kindergarten and younger. The program will run for 6 weeks, and children will be able to earn rewards and a ticket into a special party!

**March:** Tour our Youth Art Month display set up in cooperation with the art teachers of the Canton Public Schools. Student art, including selections created by students in grades K through 12, will be on exhibit all month in the Children's Room and in the display case. An Artists' Reception will be held at the library mid-month, hosted by the library and the Canton Public School's Art Department.

**February, March and April:** Expect several "Movies on the Big Screen" showings and a PJ Story Time or two. Details to come.



Call the library or visit our website for information on these and other library programs.

# WINTER 2009/2010 PARKS & RECREATION PROGRAMS

## Parks & Recreation / Senior Services Director:

Brian J. Wilson

[bwilson@townofcantonct.org](mailto:bwilson@townofcantonct.org)

## Recreation Program Supervisor:

Darrien L. Lynn

[dlynn@townofcantonct.org](mailto:dlynn@townofcantonct.org)

**Canton Parks and Recreation  
Canton Community Center  
40 Dyer Ave  
Canton, CT**

Phone: 860-693-5808

Fax: 860-693-5805

Hours: Monday through Friday  
8:30 am – 4:30 pm

## SPECIAL EVENTS

### "Canton Nights" at Ski Sundown

Canton residents can ski at a discounted rate. Participants must show proof of residency at time of ticket purchase. Kids may use library or school ID cards as proof of residency.

**When:** 01/22 & 02/06

**Fee:** **Adults:** \$29.00 Lift only

**Juniors:** \$26.00 Lift only

**First time skier package:**  
\$57.00 (lift, lesson, rental)

**First time Boarder package:**  
\$57.00 (lift, lesson, rental)

### Easter Egg Hunt

Come join the fun and meet the Easter Bunny at our 9<sup>th</sup> annual Easter Egg Hunt. Each egg is numbered and every child will receive a number and have to find the corresponding egg. All participants will receive a goodie bag!

**When:** Saturday, 03/27

**Time:** 10:00 am

**Location:**  
Mills Pond Park



Please be advised that due to publishing deadlines, program listings/information may require that adjustments be made to programs, fees, schedules, etc. We apologize in advance for any inconvenience that this may cause.

### REGISTER EARLY!

**Nothing cancels a great class quicker than waiting until the last minute to register.** If there are not enough registrations by a certain date, the course / trip / event may be cancelled. Coming in or calling on the day that the program is scheduled to start will not resurrect it, so please register early! We only accept cash and personal checks at this time. **Checks should be made out to "Town of Canton".**



### Family Dog Training Class

This class is an introductory class for dogs six months and over. You will learn to teach your dog to pay attention when asked, come when called, walk loosely on a leash, sit & stay and down & stay. Also, management skills, socialization, and problem solving are incorporated in each class. **The first class is for people only and is mandatory.**

**When:** **Session 1,** Tuesday evenings and begins on 1/05

**Session II,** Wednesday evenings and begins on 1/20

**Fee:** \$168.00

**Time:** 6:30 – 7:30 pm

**Location:** Four Paws Only, 15 Canton Springs Road, Canton

*"In the childhood memories of every good cook, there's a large kitchen, a warm stove, a simmering pot and a mom."*

Barbara Costikyan  
(10/22/84 New York Magazine)

### Valentine's Day Cookie

Decorating Class!  
(1<sup>st</sup> - 6<sup>th</sup> Grade)



Hand's on Valentine cookie decorating class. Learn the basics of the outline and flood method of cookie decoration, techniques such as polka-dotting, feathering, and secondary decoration. Cookies, prepared icing, decorating sugars, and Valentine candies will be provided. Each participant will take home their beautiful creations in a bakery box!

**Instructor:** Julie Wern

**One date only!** Monday, 2/08

**Time:** 3:45 – 5:45 pm

**Fee:** \$25 per participant

**Location:** Canton Community Ctr multipurpose room (w/ kitchen)

**Min 6 Max 15**

## PARKS & RECREATION COMMISSION

**Chairperson:** Rebecca Andrews

**Vice Chairman:** Andrea O'Neil

**Member:** Christopher Eckert

**Member:** Julius Fialkiewicz

**Member:** Beverly Hammond

**Member:** Todd Jacobs

**Member:** Open

### MARK E. LOWELL

Attorney-at-Law

P.O. Box 627

171-173 Albany Turnpike  
Canton, Connecticut 06019  
(W) 693-0703 • (H) 693-8959

# WINTER 2009/2010 PARKS & RECREATION PRESCHOOL PROGRAMS

## Music with Miss Jean

*(Ages 18 months – 3 years)*

A guitar-lead sing-a-long class consisting of music and activities that will keep everybody moving! Have fun playing instruments, jumping to the rhythms and learning some musical games. (6 classes)

**Instructor:** Jean Mix

**When:** Wednesdays

**Session I:** 01/20 – 02/24

**Session II:** 03/10 – 04/14

**Time:** 10:00 – 11:00 am

**Fee:** \$50.00

**Location:** Canton Community Ctr

**Min:** 5



## Baby Gymnastics

**NEW** on Saturdays!

*(Ages 18 months – 3 years)*

Great winter class to bring your baby to play with children their own age! We set up an indoor playground with song and parachute fun. Parents must attend, while children learn basic gymnastics in a fun and safe environment. Help develop your child's motor skills and listening skills while they have a ball! (8 weeks)

**When:** Saturdays, 01/09 – 02/27

**Time:** 10:30 – 11:15 am

**Fee:** \$60.00

**Location:** Canton Community Ctr

**Min:** 6 **Max:** 10

## Kindergarten Songs with Miss Jean

**NEW** *(Ages 3 ½ - 5 years)*

Have fun learning Kindergarten concepts through songs and games. Weekly themes include letters, numbers, colors, days of the week and making new friends. This class is perfect for children currently enrolled in a Preschool, Pre-K or Kindergarten program.

**Instructor:** Jean Mix

**When:** Thursdays, 01/28 – 03/04

**Time:** 1:30 – 2:30 pm

**Fee:** \$60.00

**Location:** Canton Community Ctr

**Min:** 5 **Max:** 10

## NEW Pre-school Painters

*(w/ parent) (Ages 2 years)*

Let your little ones explore colors through art! Kids will work hands-on with different mediums each week including: Play-Doh, scissor cutting, chalk boards, peg boards, and painting projects! (6 weeks)

**When:** Tuesdays, 01/05 – 02/09

**Time:** 10:00 – 10:45 am

**Fee:** \$50.00

**Location:**

Canton Community Ctr

**Min:** 8 **Max:** 15



## Winter Swim Lessons

*(Ages 6 months +)*

**Swim lessons for all ages indoors at Healthtrax Indoor swimming pool.** Red Cross Aquatic swim lesson program.

**When:** Lessons begin in January and are ongoing throughout the year

**Dates:** Please Call for specific levels, dates & times

**Fee:** \$90 per 8 wk session (weekdays)  
\$63 per 5 wk session (Saturdays Only)

**Location:** HealthTrax, 100 Simsbury Rd, Avon

## Stepping Stones Educational Center

*Celebrating 20 years of excellence*



**Now Open from  
7 am until 6 pm**

**\$100.00 registration fee  
waived with return of this  
ad and new registration.**

## NEW Krafty Kids

*(Ages 3 – 5 years)*

A theme based art & story time for pre-school children, designed by a certified elementary school teacher! Children will have activities based on the stories that are read. Our first session will entail reading a book titled, "Snowflake Bentley" and then will go on a snowflake hunt! Kids will then create a snowflake paint and glitter project, have fun playing a 10 little snowflake finger play game and finally a tissue paper snowball fight. Each week there will be a different story and crafts! Parent helpers would be great! (All supplies included in fee and kids will take home projects) (6 weeks)

**Instructor:** Kathryn Anastasio

**When:** Thursdays, 01/07 – 02/11

**Time:** 9:45 – 10:45 am

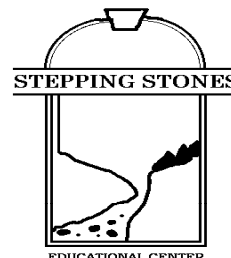
**Fee:** \$55.00

**Location:** Canton Community Center

**Min:** 8 **Max:** 12

## STEPPING STONES EDUCATIONAL CENTER, INC

*Celebrating 20 years of excellence*



*Flexible daycare for 3 to 11 year olds  
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Pre-K Program for 5 year olds*

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Canton, Ct. 06019**

**860-693-2852 860-693- 6294**



# WINTER 2009/2010 PARKS & RECREATION YOUTH PROGRAMS

## Beginner Gymnastics

*(Ages 3 – 4 & 5 – 8 years)*

Learn the basics of gymnastics in a safe and fun environment. Participants will work on basic tumbling, balance beam, and vault skills. Make popcorn with a big parachute and sing some songs! (8 sessions)



**Instructor:** Nancy Roy

**When:** Fridays, 01/08 – 03/04 No 01/15

**Time:** 3:30 – 4:15 pm, 3 – 4 yr. old group  
4:15 – 5:00 pm, 5 – 8 yr. old group

**Fee:** \$50.00

**Location:** Canton Community Ctr

**Min:** 10 **Max:** 10

## Cheerleading

*(Ages 9 + years)*

Cheerleaders are an important part of any game, bringing enthusiasm and spirit to the crowd! Join this popular cheerleading class and cheer at all home Basketball games! Cheers, mounts, jumps, new cheers and routines will be taught.



**Instructor:** Nancy Roy

**When:** Wednesdays after school, 01/06 – 02/24

**Time:** 3:00 – 4:00 pm

**Fee:** \$50.00

**Location:** Canton Community Ctr,  
Parks & Rec room

**Min:** 10

## "Little Wrestlers"

*(Ages 5 – 6 years)*

This program is geared to help young people with basic wrestling techniques and to learn how their bodies work. This is a fun course for kids to learn about high school wrestling.

**Instructor:** Bill Phelps, CHS Varsity Wrestling Coach

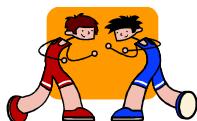
**When:** Mondays & Thursdays: 01/21, 01/25, 01/28, 02/01, 02/04, 02/08

**Time:** 6:00 – 7:00 pm

**Fee:** \$45.00

**Location:** CHS Wrestling Room

**Min:** 6 **Max:** 15



## Mad Science: Fantastic Physics!

*(Grades K – 3)*

From planes to trains to automobiles, check out the science behind movement. From the inner workings of engines, to how your own muscles facilitate movement in your body. With hands-on experiments, we will explore energy, gravity, robotics, pressure and even about life under the sea to learn about buoyancy and adaptation.



**When:** Mondays, 02/08 – 03/29

No 02/15

OR Fridays, 02/12 – 03/26

**Time:** 3:40 – 4:40 pm

**Fee:** \$107.00 per participant

**Location:** Cherry Brook Primary School

**Min:** 15 **Max:** 21

## Spring T-Ball & Coach Pitch

*(Ages 4 – 7)*

We will be forming manageable sized teams **prior to the start of the program**. T-shirts will be ordered in advance. Registration deadline is **March 13<sup>th</sup>**, **No Exceptions**. Parent volunteer coaches are appreciated and are needed. We cannot run the program without you. If we don't have enough parent coaches/ helpers, we have to cancel the program. Please call if you are interested in helping out at 693-5808 (or indicate this on the registration form).

(6 Saturdays, which will extend if needed for rain dates)

**When:** Saturdays, 04/10, 04/17, 04/24, 05/01, 05/08, 05/15

**Time:** 10:00–11:00 am T-Ball

11:00–12:00 Noon Coach Pitch

**Fee:** \$ 40.00

**Location:** Mills Pond Park

### PLEASE NOTE:

All Pre-school & Youth programs follow the school calendar. If school is cancelled or closed, recreation programs are cancelled as well.

**The only exceptions are Vacation Camps, which take place during school vacations.**

## Youth Spanish Classes

Give your children a head start! Experts claim that children that begin at an early age have a much easier time picking up a second language. Age/grade appropriate materials will be provided to each student.

**When:** Mondays, 01/25 – 04/05

No 02/15, (10 week course)

**Time:** 3:40 – 4:40 pm

**Fee:** \$135.00

**Location:** CBPS

**Min:** 6 **Max:** 10

## Junior Tennis Lessons

*(Ages 5 – 14)*

Lessons for beginners and advanced beginners.



Lessons will cover stroke development, footwork, and court strategies appropriate for each level. Small group instruction is taught by the Canton Racquet Club Staff.

**When:** Mondays,

01/11, 01/25, 02/01, 02/08, 02/22 & 03/01

**Wednesdays,**

01/13, 01/20, 01/27, 02/03, 02/10 & 02/17

**Time:** **Ages 5-8:** Mondays, 5–6:00 pm

**Ages 9-14:** Wednesdays, 4–5:00 pm

**Fee:** \$98.00

**Location:** Canton Racquet Club

## Karate (Grades 1-6)



Learn the basics of Kempo Karate. Focus will be on defense, control, and respect. Each new participant will receive a karate uniform; please note height and weight on the registration form. **Students from last Fall are invited back** to work on the next level to obtain their yellow belt! We will separate returning students to work on both levels simultaneously.

**Instructor:** Avon Kempo & Aikido Staff

**When:** Wednesdays, 01/06 – 02/10

**Time:** 4:30 – 5:30 pm

**Fee:** \$60.00 **Min:** 10

**Location:** Canton Community Ctr,  
Parks & Recreation room

# WINTER 2009/2010 PARKS & RECREATION YOUTH PROGRAMS

## Youth Wrestling (Ages 7+)

Learn the fundamentals, basic moves and strategy. This will teach kids the physical fitness and mental toughness needed to succeed in wrestling. A great sport for off season football players to help with endurance, quickness, balance, physical and mental strength. Season begins Tuesday, Dec. 1<sup>st</sup>, coaches will accept late registrations. Forms are available in the Parks & Rec office and Main offices at all Canton Schools.

**When:** Tuesday – Friday evenings

**Time:** 6:30 – 8:30 pm

**Fee:** \$150.00 for season

**Location:** CHS Wrestling Room

**Website:**

<http://totalleague.com/Cantonyouthwrestling>

## Babysitting Classes (Ages 11 +)

A comprehensive course that will cover: basic care, first aid, safety, safe play, leadership and professionalism. Successful completion results in a Red Cross certification. **Please note:** This is a very popular class, and limited to 10 registered students.

**Dates / Times:**

**Session I:**

01/14, 3 – 7:00 pm

01/15, 1 – 5:00 pm (early release)

**Session II:**

03/24, 1 – 5:00 pm (early release)

03/25, 1 – 5:00 pm (early release)

**Fee:** \$95.00

**Location:** CCC, Parks & Rec room



# CAMPS

## New! Holiday Break Vacation

### All-Pro Sports Camp (Grades K-6)

This morning camp will help boys & girls burn off some steam! They will play indoor games such as basketball, soccer, floor hockey, etc. Kids will learn new skills in an environment that stresses **fun** over competition. Children will be grouped by age & ability. Please bring a snack, water and wear comfortable sneakers.

**Dates:** 12/28 – 12/31 (4 day camp)

**Time:** 8:30 am – 12:00 Noon

**Fee:** \$110.00

**Location:** CIS Gym

**Min:** 6 **Max:** 20

## February Vacation – All-Pro

### Sports Camp (Grades K - 6)

For Boys & Girls that want to play basketball, soccer, dodge ball & floor hockey. Learn new skills in an environment that stresses **fun** over competition. Children will be grouped by age & ability. Please pack a lunch, water and wear comfortable sneakers.

(2 day camp only)

**Dates:** 02/25 & 02/26 only!

**Time:** 8:30 am – 3:00 pm

**Fee:** \$90.00

**Location:** CIS Gymnasium

**Min:** 6 **Max:** 20

## April Vacation – All-Pro Sports

### Camp (Grades K - 6)

Same as the Holiday camp listed above, ½ day camp - For Boys & Girls that want to play indoor sports. Children will be grouped by age & ability. Bring a snack, water and wear comfortable sneakers.

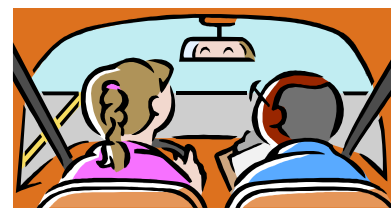
**When:** 04/19 – 04/23 (5 day camp)

**Time:** 8:30 am – 12:00 Noon

**Fee:** \$140.00

**Location:** CIS Gymnasium

**Min:** 6 **Max:** 20



## AAA Drivers Education

### Course at Canton High School

An informational brochure regarding this program is at the Canton High School Main office. Registration paperwork will be available at the Main office of CHS. Class dates are as follows:

**Session I:**

January 25, 26

Feb. 1, 2, 4, 8, 9, 11, 22, 23, 25

March 1, 2, 4

**Session II:**

April 5, 6, 8, 12, 13, 15, 26, 27, 29

May 3, 4, 6, 10, 11, & 13

**Time:** 2:30 – 4:30 pm

**Fee:** \$575.00 for AAA members and dependants under age 18

\$650.00 for non-members

**Location:** CHS Room 226

## College / Job

### Interview Etiquette

A MUST for high school Juniors & Seniors. Ace the interview and impress the college admissions office with savvy, skill and personality traits that only YOU can deliver. We will review the following topics: dress for success, interview skill do's & don'ts, personal presentation skills, confidence, poise and closing the interview. Be on top of your game with etiquette skills that will lead to a lifetime of success!

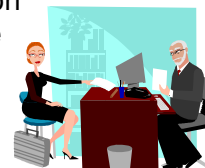
**Dates:** Mondays, 03/01 & 03/08

**Please attend both days!**

**Time:** 3:30 – 4:30 pm

**Fee:** \$40.00

**Location:** Canton Community Ctr



## WINTER 2009/2010 PARKS & RECREATION ADULT PROGRAMS

### Voice Coaching!

This class was very popular last winter and we heard rave reviews. So if you have ever been told that you have a great voice, this might be for you. Voiceovers are everywhere, from commercials to audio books, training materials, documentaries, animation, telephone systems and even the internet. We will help introduce you to the business and opportunities in OUR area and by the end of the class, each student will have the opportunity to record a commercial script under the direction of our producer right in the class. A great step for anyone interested in professional voice acting and a lot of fun! To find out if this class is for you or for more specific information please visit <http://www.voicecoaches.com/gptt>

**When:** 04/19

**Time:** 6:30 – 9:00 pm

**Fee:** \$35.00

**Location:** Canton Community Ctr

**Min:** 8



# KURT'S CUSTOMS

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### Adult Yoga

Yoga is a simple, amazing connection of body, mind and spirit, great for all ages & body types. Class includes: stretches, breathing techniques and relaxation. It will enhance your physical and mental well being, increase strength, reshape muscles and tone your entire body. It will energize you and improve your overall health, including posture, balance, power and range of motion. It's great for people with back problems and for alleviating muscle soreness and joint inflammation. This class runs continuously throughout the year.

**Instructor:** Nancy Brooks

**When:** Wednesday evenings, **Next session:** 01/20 – 03/10

**Time:** 7:45 – 8:45 pm

**Fee:** \$75.00

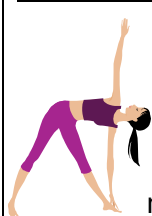
**Location:**

Canton Community Ctr,  
Parks & Recreation room

**Min 14 Max 30**



### Yoga-Pilates class- Daytime (Yogilates)



Focus on strengthening your power house: abs, lower back, and buttocks. Work on the muscles in the center of the body that maintain good posture and alignment, along with working on flexibility and strength. Develop correct form and movement to use throughout your life. Class ends with a deep relaxation component. This class runs continuously, for 8 classes each session.

**Instructor:** Mary Ellen Mullins

**When:** Thursdays, 01/28 – 03/18

**Time:** 10:00 – 11:00 am

**Fee:** \$68.00

**Location:** Canton Community Ctr

**Min.: 8 Max: 15**

### Tai Chi Gentle Movements

Tai Chi is a gentle, easy to learn exercise program. Tai Chi is gaining popularity within the medical community as a complementary program for balance, arthritis, fibromyalgia, diabetes, back pain, and stress. Learn about the benefits, history and evolution. SUN style short form.

**Instructor:** Martin Kidder

**When:** Tuesdays, 01/12 – 03/02

**Time:** 6:00 – 7:00 pm

**Fee:** \$66.00 per session

**Location:** Canton Community Ctr

### Body Sculpting

Tone & tighten your muscles while burning calories with resistance training. This class uses free weights, dyna-bands and balancing discs. (8 week program)

**Instructor:** Nancy Roy (formerly Wade)

**When:** Mondays

**Session 1:** 01/04 – 02/22

**Session II:** 03/02 – 04/19

**Time:** 10:00 – 11:00 am

**Fee:** \$58.00

**Location:** Canton Community Ctr



## The Ink Store

*Printer Cartridges for Less*

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Owner

Tel. 860-284-9417

Fax 860-674-0483

106 Powder Mill Rd.  
Canton, CT 06019

Store Hours:  
9 AM – 5:00 PM Mon-Fri

[selinad@TheInkStore.com](mailto:selinad@TheInkStore.com)



# WINTER 2009/2010 PARKS & RECREATION ADULT PROGRAMS

## *It Just Makes Sense*

### **Stephen E. Cadieux, CPA**

15 year resident of Canton  
40 Avon Meadow Lane  
Avon, CT 06001  
860-678-9600  
stephenc@secadieux.com

23 years of experience  
Specializing in tax compliance, business  
accounting and planning, bookkeeping

## **New! Mat Pilates- Monday Nights**

For those of you that work all day, this is for you! Tighten your core, abdominals, lower back and buttock areas. Great stretching, flexibility and toning workout!

**When:** Mondays, 01/04 – 02/22

**Time:** 6:30 – 7:30 pm

**Fee:** \$58.00

**Location:** Canton Community Ctr



## **Mind/ Body Connection**

Learn how to take better care of yourself and discover a deeper sense of ease and peace of mind. Learn techniques to reduce and manage stress- one step at a time, the relationship of stress to health & disease, to face change and difficult times in your life with greater ease, etc. A well researched program developed over the past three decades at the Mindfulness Based Stress Reduction Clinic at UMASS Medical School, which has shown to improve health and well-being. (2 – CD's given to all students, no extra charge)

**Instructor:** Elaine Adams, RN

**When:** 01/19, 01/26, 02/02, 02/09

**Strongly encouraged to attend all 4 sessions!**

**Time:** 7:00 – 9:00 pm

**Fee:** \$129.00

**Location:** Canton Community Ctr

**Min:** 5 **Max:** 12



**Of all the things you wear, your expression is the most important.**

~ Unknown

## **Every Body's Exercise Class!**

Stretch, tone, and flex your way to a healthier you. Work on increasing flexibility, maintaining muscle tone, and improving balance. Participants move at their own level of ability for the best workout possible. Come enjoy the morning with us!

**When:** Tuesdays & Thursdays

**Time:** 10:30 – 11:30 am

**Fee:** \$30 each month, register at Parks & Recreation

**Location:** Canton Community Ctr



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College/Retirement Savings ~ Income Protection ~ Medical Plans  
Long Term Care ~ Wealth Preservation

**Turn to Page 6 for more information on a Tax Seminar being held in February!**

## **Cardio Kickboxing Class**

Talk about a fun workout! Work your arms, legs, stomach and have a great time while doing it. If you have not tried this workout, give it a try and you will be hooked!

**Instructor:** Nancy Roy

**When:** Fridays, 01/09 – 02/27

**Time:** 10:00 – 11:00 am

**Fee:** \$58.00

**Location:** Canton Community Ctr



## **Step Aerobics**



Work up a fun sweat in this Tuesday morning class. Laugh and make friends, while you step up to fitness and lose some inches! Different routines will be introduced weekly to keep you interested!

**When:** Tuesdays, 01/15 – 02/23

**Time:** 10:00 – 11:00 am

**Fee:** \$58.00

**Location:** Canton Community Ctr

# WINTER 2009/2010 PARKS & RECREATION ADULT PROGRAMS



**GROUT + E.M.T. LLC**  
**EMERGENCY MAINTENANCE TECHNICIAN**  
*Cleaning & Sealing*

ph: 860-693-4131    fx: 860-693-3913  
 259 Albany Turnpike • Route 44 • Canton, CT 06019

## Men's Pickup Basketball

Play the game you love all winter and spring! No experience necessary, all levels of play welcome. The program will follow the school schedule holidays, special events, and weather closures. Please call Parks & Recreation for dates/times and to register at 860-693-5808.

**Under 35:** Monday evenings

**Over 35:** Tuesday evenings



## Recreational Volleyball



This Co-Ed recreational play night follows the indoor six on six rules of play. No experience necessary to play. The program will follow the school schedule for holidays, special events, and weather closures. Please call Parks & Recreation to register at 860-693-5808.

**When:** Wednesday & Thursday evenings

**Time:** 7:30 pm

Champions aren't made in the gyms. Champions are made from something they have deep inside them -- a desire, a dream, a vision.

*Muhammad Ali, American Boxer*



## Valentine's Day Cookie Decorating Class!

Hand's on Valentine cookie decorating class. Participants will learn: basics of the outline and flood method of cookie decoration, techniques such as polka-dotting, feathering and secondary decoration. Class includes recipes, cookie and icing preparation instructions and a detailed how-to manual. Cookies, prepared icing, decorating sugars, and Valentine candies will be provided. Bring home your beautiful creations in a bakery box!

**Instructor:** Julie Wern

**One date only!** Thursday, 02/11

**Time:** 6:30 – 8:30 pm

**Fee:** \$30 per participant (Ages 14+-Adult)

**Min 6    Max 15**

**Location:** Canton Community Center multipurpose room (with kitchen)



## SPORTS ASSOCIATIONS CONTACT INFORMATION



### Soccer:

Canton Youth Soccer Association

President: Bill Phelps

[www.cantonsoccer.org](http://www.cantonsoccer.org)

**Soccer registration** begins in June for the Fall season. The deadline for registering is mid-August.

### Basketball:

Canton Youth Basketball Association

Registrar: Kristin First, 860-693-8188

[www.active.com](http://www.active.com)

(search words: Canton Youth Basketball)

**Youth Basketball registration** begins in September. The deadline for Travel basketball is early October and Recreation basketball is mid-November.

### Little League:

Baseball and Softball

President: Stan Krzanowski, 860-693-0365

[www.eteamz.com/cantonctll](http://www.eteamz.com/cantonctll)

**Little League registration** begins mid-January for Spring baseball / softball season.

### Lacrosse:

Canton Youth Lacrosse Association, Inc.

Registrar: Daphna Fuhr-Dylag, 860-693-6261

[www.Cantonlax.org](http://www.Cantonlax.org)

### Wrestling:

Canton Youth Wrestling

Webmaster: Ed DeSimas

<http://totalleague.com/cantonyouthwrestling>

**Youth Wrestling registration** begins in last October / early November for the season which runs from December through March.

### Youth Football:

Canton Warrior Youth Football

Contact: Andrew Pidgeon, 860-944-8833

**Youth Football registration** opens in February for Fall season. Practices begin in August. Space is limited and early registration is encouraged. Please check the website for dates at <http://cantonyouthfootball.clubspaces.com>



## The Perfect Holiday Gift: A Photograph on Canvas



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## WINTER 2009/2010 PARKS & RECREATION PROGRAMS

### FAVARH – UPCOMING EVENTS

*The Arc of the Farmington Valley Inc. FAVARH "Helping People Achieve Their Personal Best Since 1958"*

#### Inspirational Arts – Unified Program

For ages 15+ new 10 week session begins January 6<sup>th</sup> at CHS (Wednesdays 6:00–8:00 pm) using different mediums (pencil, charcoal, oil pastels, watercolor, acrylic, sculpture, etc). Open to individuals of all abilities. Instructed by Professional Artist Rick Stanton, trained staff and volunteers. Contact Rick at 860-693-6662 ext. 152 or [rstanton@favarh.org](mailto:rstanton@favarh.org) Fee: \$90.00 per session, includes registration and all art supplies

#### Summit Hiking Club – Unified Program



For hikers of all abilities. One weekend hike per month at various locations in the state including two (2) overnight camping trips. Contact Steve Morris at 860-693-6662 ext. 123 or [smorris@favarh.org](mailto:smorris@favarh.org)

#### Family Support / Playgroup

For parents, special needs children, and their sibling's. Meets two (2) Saturdays per month in the FAVARH Community Room. An opportunity for children to socialize while the parents share their experiences raising a child with special needs. No charge to participate. A drop off option is available. Contact Jean Andersen at 860-693-6662 ext. 128.

#### Special Olympics – Unified Program

4 Unified Sports offered per year: Softball (summer/fall) Basketball (fall/winter) Floor Hockey (winter) Soccer (spring/summer). Always looking for volunteers, athletes and coaches. Fee: \$40.00 per sport

#### Fishing Club – Unified Program

For fishermen and fisherwomen of all abilities. One weekend excursion to a local lake, river or pond. No previous experience necessary.



#### Adult Recreation

For individuals with intellectual disabilities ages 18+. There will be 5-7 planned and staffed activities provided per month. Monthly calendar distributed to individuals on mailing list. Days, times and costs vary on a month to month basis.

For more information on the above programs and to be added to the electronic mailing list, please contact Tim Hennessey at 860-693-6662 ext. 151 or via email at [thennessey@favarh.org](mailto:thennessey@favarh.org)

## PLEASE DONATE YOUR UNWANTED CAR

### How do YOU donate?

- 1. Please call FAVARH @ 860 693 6662 x.116**
- 2. Receive FREE pick-up!**
- 3. Deduct the sale price of the donated car on your taxes.**
- 4. SMILE! All proceeds go to FAVARH**

## CALL 860 693 6662 X.116 FOR FREE PICK-UP





**WINTER 2009/2010 PARKS & RECREATION PROGRAMS****2010 Softball/Baseball Registration**  
**Boys & Girls Ages 7-16*****Sponsored by Canton Little League*****Where:** at the Shoppes at Farmington Valley**When:** **Sunday, Jan 17<sup>th</sup>** (Snow Date Sunday, Jan 24<sup>th</sup>)**Time:** **4:00 – 7:00 pm****Fees:** **20% Early Sign-Up Discount**(see [www.eteamz.com/cantonctll](http://www.eteamz.com/cantonctll) website after Jan 1, 2010 for actual fees)***Free Hot Dogs & Soda, Coupons, & Drawing*****Additional Notes:**

- Register for Little League Baseball & Softball (ages 7-14) CLINIC, FARM, MAJORS AND JUNIORS DIVISIONS.
- Summer girls softball U12, U14, & U16 in NORTHERN CT GIRLS SOFTBALL LEAGUE
- Summer baseball, PREP & JUNIORS DIV IN TD BANKNORTH LEAGUE
- SPECIAL REGISTRATION FOR T D BANKNORTH SENIOR DIVISION TBA
- ADULTS- SIGN UP TO BE A MANAGER, COACH, UMPIRE, OR TELL US HOW YOU WOULD LIKE TO VOLUNTEER TO HELP.
- Second Registration at CIS on Feb 6<sup>th</sup> (9 -1) at standard fees.
- SIGN UP EARLY SO WE CAN PLAN FOR A PLACE FOR ALL TO PLAY.
- 6 year olds may be accepted on a space available basis.

**Other Upcoming Events:**

- CLL Tryouts – 03/13/10 at CHS
- CLL Sportswear (check website)
- Canton Night at RockCats, May 21
- Summer Clinic Camp, July 6-9

[www.eteamz.com/cantonctll](http://www.eteamz.com/cantonctll)*Canton Little League is a proud sponsor of the Canton Community of Concern*

**CANTON PARKS AND RECREATION WANTS YOU!**

If you have a program idea or would be willing to run a program, please call us.

**REGISTRATION:**

- 1 No telephone registrations will be accepted.
- 2 **Deadline for registration is one week prior to the beginning of a class.**
- 3 If the original class offered should be filled, a wait list will be started. Additional sessions will be started if interest is shown and if space and instructors are available.
- 4 Registrations are first-come, first-serve basis.
- 5 Persons are not considered registered until their fee has been paid.
- 6 If there is space available in a class or program, Canton Parks & Recreation may allow late registration. However, participant will be charged a **\$10.00 late fee.**

**REFUND POLICY:** Refunds will be issued if:

- 1 A class if filled.
- 2 A class is cancelled by the department due to insufficient enrollment.
- 3 **It is requested by the participant at least one week prior to the first class/ program/ trip (Less \$10.00 Administration Fee for cancellation).**
- 4 NO REFUND WILL BE ISSUED AFTER A CLASS HAS BEGUN.
- 5 Refunds may take 3-4 weeks to be processed.

**CANCELLATION:**

- 1 The Canton Parks and Recreation Department reserves the right to cancel any class or activity due to insufficient enrollment.
- 2 Any activity held at any Canton School will follow school cancellation and holidays.
- 3 Cancellations are posted on WFSB channel 3, WTNH channel 8, and Radio WTIC 1080 am, 96.5 fm.

**NON-RESIDENT POLICY:**

- 1 Canton residents are given priority placement in all scheduled events. Out-of-town residents are welcome if space is available.
- 2 An additional \$10.00 fee will be charged for non-resident.

**SPECIAL NEEDS PARTICIPANT:**

Many of our programs may be adaptable to individuals with special needs. If you have an interest in a specific program or class, please call the Parks and Recreation Department as to the suitability of the program and the ability to adapt it to the individual.

**MAIL-IN REGISTRATION:** Make checks payable to "Town of Canton" and mail to:

Canton Parks and Recreation, P.O. Box 168, Collinsville, CT 06022-0168

For Questions Regarding Registration Call: 860-693-5808

**PROGRAM REGISTRATION FORM**

Registrant / Parent Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Work Phone: \_\_\_\_\_

\_\_\_\_\_ Zip: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Emergency Contact:(Other than above) \_\_\_\_\_ Phone: \_\_\_\_\_

Participant's Name	Age	Activity Name	Session/Time	Fee
1 _____	_____	_____	_____	_____
2 _____	_____	_____	_____	_____
3 _____	_____	_____	_____	_____
4 _____	_____	_____	_____	_____
Total \$				_____

(Please add \$10 if out of town resident)

Do any of the above-listed participants have any allergies? Yes / No Please specify: \_\_\_\_\_

Do any of the above-listed participants have any special needs? Yes / No \_\_\_\_\_

Registrant, Parent or Guardian

In consideration of your accepting this entry, I hereby for my self, my heirs, executors and administrators, waive and release any rights and claims for damages I may have against the agency providing the activities listed above an its representatives successor and assigns for any and all injuries suffered by myself or my child at any activity sponsored by these groups.

Registrant/ Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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### HAVE YOU BEEN NOTIFIED?

Our Town website has the ability to notify you by email for electronic delivery of Town news, public notices and agenda postings on the website. It is free and easy, just visit our website at [www.townofcantonct.org](http://www.townofcantonct.org). In the left-hand margin of the Welcome page you'll see:

Click Here To Receive  
Email Notifications 

You can opt-in or out at any time to various categories such as Municipal Meetings, Canton Updates, Tax Reminders, and Emergency Notifications. This is a quick and easy way to stay informed of what is going on in Canton government. If you have any questions about this service, please call the Town Clerk at 860-693-7870.



"As a rule...he who has the most  
**information** will have the greatest  
success"

~ Benjamin Disraeli

**"Good advertising does not just  
circulate information. It  
penetrates the public mind with  
desires and belief."**

~ Leo Burnett



### **Interested in advertising your business?**

If so, please contact Michelle Schroder, Executive Assistant to CAO, at 860-693-7841 or via email at [mschroder@townofcantonct.org](mailto:mschroder@townofcantonct.org).



Our newsletter offers advertisement space for Fast Ads, Business Cards or a Quarter Page. This newsletter is sent out to 5000+ Canton households as well as appearing on the Town of Canton website.

Our next issue will be published in May. If you have previously advertised with us you will receive a reminder email regarding all upcoming editions. All advertising space is on a first come, first serve basis.