



Canton Connection

Fall / Winter 2014

Canton Connection 18th Edition

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The Town of Canton's goal is to *"provide residents with convenient and open access to our Town government's functions, services and activities."*

Town of Canton earns designation as a

HEART SAFE COMMUNITY



This designation recognizes a city or organization's efforts to prepare its staff and citizens to recognize when someone suffers a sudden cardiac arrest and how to respond.

You will notice signs around Town that look like the picture above. This notifies everyone in the community and any passerby's of our designation. To learn more about the designation, please visit <http://heartsafe-community.org/>

Sam Collins Day 2014 "20th Anniversary"

Saturday, September 20, 2014

10 AM to 4:00 PM

Rain Date: Sunday, September 21, 2014



Free Admission • Free Parking • Free Shuttle Buses

Visit www.samcollinsday.com for up to date event information.

Sam Collins Day is the 3rd Saturday in September. The event showcases local businesses, crafters and community organizations. Free Shuttle Buses will run between the main site and downtown from 10:00 AM to 4:00 PM. Shuttle services for Elderly and Disabled Residents will be provided in collaboration with Canton Senior & Social Services.

Please Note—Pets and bikes are prohibited on the field.

Pancake Breakfast 7:00 - 10:00 AM

Enjoy a hearty breakfast freshly prepared by the
Canton Lions Club members



SELECTMEN'S CORNER

MEETING SCHEDULES

(Held monthly at Community Center)

BOARD OF SELECTMEN

Second & Fourth Wednesday, 7:00 pm

BOARD OF FINANCE

Third Monday, 7:00 pm

BOARD OF EDUCATION

Second & Fourth Thursday, 7:00 pm

BOARD OF ETHICS

Third Tuesday, 7:00 pm

LAND USE COMMISSIONS

CANTON CTR HIST. DIST

Second Wednesday, 7:00 pm

COLLINSVILLE HIST. DIST

Second Tuesday, 8:00 pm (Town Hall)

CONSERVATION COMMISSION

Fourth Wednesday, 7:30 pm

INLAND WETLANDS

Second Thursday, 7:00 pm

PLANNING COMMISSION

First Monday, 7:30 pm

ZONING BOARD OF APPEALS

Second Monday, 7:30 pm

ZONING COMMISSION

Third Wednesday, 7:30 pm

OTHER COMMISSIONS

COMMISSION ON AGING

First Monday, 12:00 pm

ECONOMIC DEVELOPMENT

Second Tuesday, 6:00 pm

LIBRARY BOARD OF TRUSTEES

Second Wednesday, 7:15 pm

PARKS & REC. COMMISSION

Third Monday, 7:00 pm

WATER POLLUTION

First Tuesday, 7:00 pm

YOUTH SERVICES BUREAU

Fourth Thursday, 6:00 pm

OTHER MEETINGS

FRIENDS OF THE LIBRARY

Third Tuesday, 7:00 pm

TOWN HALL HOURS

Monday, Tuesday & Thursday

8:15 am to 4:30 pm

Wednesday

8:15 am to 6:45 pm

Friday

8:15 am to 12:00 pm



TOWN WEBSITE

www.townofcantonct.org

Following up on a commitment which we made three years ago, infrastructure continues to be the buzz word for the Board of Selectmen. Hopefully by the time you read this we will be well on our way to becoming the "Town of Construction". Over the last year we have constructed the new entranceway/parking lot and track/field at the High School, replaced the roofs at the Library/Community Center and the High School and Intermediate School, and began a major road improvement program. We have upgraded the deck and filtration and chemical systems at the Town pool and made improvements to the Transfer Station.

This summer we are helping with the installation of new playgrounds at Cherry Brook School funded by the PTO. We are finalizing the preliminary design for upgrades to Town Bridge funded by a Federal Grant and will be submitting the design to the Feds for approval. While construction is several years away, this is an important step. Using State funding to small towns we will be designing upgrades to the Mills Pond recreational area. The pool house will be upgraded, the tennis and basketball courts resurfaced, the skate park refurbished and a master plan for future improvements developed. The pool house improvements should be in place before next season.

In addition to routine road maintenance this construction season's major projects' will include Case Street, Gracey Road, Indian Hill Road, Powder Mill Road, Thayer Avenue, Andrew Drive and High Valley. East Hill Road which is requiring more design work than anticipated is scheduled for construction for next spring. In addition to the \$6M in bond funding for road improvements approved at Town Referendum, the Town has been able to secure \$1M in funding for work on East Hill between Maple Avenue and Silver Mine Acres.

With the assistance of a State Main Street Grant we will be making improvements to the portion of Main Street between Bridge Street (Route 179) and Front Street to make the area more pedestrian friendly. Future projects will extend this project to River Street and along River Street to Bridge Street.

The Board with the assistance of the Permanent Municipal Building Committee has revised the design for a new Public Works garage on Commerce Drive. Using a "design build" process, the proposal, which is expected to be before the voters at the November election, will have a fixed cost which has been reduced to \$4.8M. Upon voter approval of this proposal, the Town will be able to pursue the recreational upgrades to the area of the old garage adjacent to the Farmington River. This proposal is in the Upper Mill Pond Study which was funded several years ago by a \$100K State Grant.

With the passage of the Federal Collinsville Renewable Energy Act, the Town is preceding through a join municipal/private partnership to reactivate the old Collins Company hydroelectric generating facilities.

All in all, a lot of construction activities are in store for Canton's future. The Board thanks the various Boards and Commissions and town staff that are actively making these projects a reality. To the residents, please observe the "Town at Work" signs and excuse any interruption in services which may occur.



BOARD OF SELECTMEN

Richard J. Barlow, *First Selectman*

rbarlow@townofcantonct.org

860-693-7847

Stephen J. Roberto, *Deputy*

sroberto@townofcantonct.org

860-693-4578

David W. Gilchrist

dwgilchrist@yahoo.net

860-693-8406

Lowell F. Humphrey

lowellfhumphrey@sbcglobal.net

860-212-5822

Thomas Sevigny

capeconn@comcast.net

860-693-8344

TOWN TEAM NEWS

Meet: Jane Latus

Volunteer Positions with the Town: President, Canton League of Women Voters; Board of Directors member, Canton Land Conservation Trust; Vice President and founding member, Canton Advocates for Responsible Expansion (C.A.R.E.)

Background: I first worked as a print journalist, then in public relations. Living in and loving Canton kindled my interest in planning and development, and I became a consulting smart growth advocate. For several years now I have worked as a group fitness teacher and personal trainer.

Education: BA in English from the State University of New York at Binghamton

Best Part of Volunteering: Good things get done when people work together! The League of Women Voters provides services that help and encourage people to participate in their government. The Land Trust cares for 2,000 acres that we all get to enjoy. C.A.R.E. helped people understand the importance of taking charge of Canton's future. Its Farmers Market has been a huge success and a lot of fun and you get to know many interesting and talented people!

Personal: Canton's quirkiness, beauty and schools drew me and my husband Ken Jones (both originally from New York State, then Simsbury and Bloomfield) here like magnets in 1997. Our children (KJ and Ian Jones and foster Hilary Warner Paden) attended Canton Schools and are now in their 20s. We have three friendly cats and a sweet dog. I'm not good at sitting still (unless reading), so when I'm not working I like to bike or run, and in winter snowshoe on Land Trust trails.

Meet: Steven Byko **Position with the Town:** Interim Recreational Program Supervisor

Background: I grew up in Bristol and went to Bristol Eastern High. Bristol was a great city to grow up in back then, particularly if you loved sports...and I loved playing baseball. It was filled with kids and we played from early in the morning until well after the street lamps came on in the evening. Although not a star player, I was consistent and scrappy enough to earn a walk-on spot with the University of Hartford baseball team and a grant that paid for half of my tuition. Not bad for never having played in high school.

A combination of idealism, youthful exuberance and a sense of duty motivated me to leave college after a year and enlist with the Marines in 1966. After getting out in 1970, I went back to school under the G.I. Bill at the University of Connecticut and received a BS in Real Estate and Urban Economic Studies. Over the next 25 years, I worked in Commercial Real Estate as an appraiser then as a commercial mortgage lender for both Travelers and Aetna, responsible for making real estate loans from \$10mm to approximately \$200mm. It was at Aetna that I met my wife of 26 years, Kathy Zamborsky...and one of the best things that has ever happened to me. We have lived all of our life together in Canton and with our two daughters, Amelia and Claire. Over the years we have come to truly love this community and the people within it.

When Aetna decided to become a health care provider instead of an insurance company, the Real Estate Investment Department was generally phased out and I went into business for myself as a consultant. For the next 15 or so years, I worked with investors, developers, real estate appraisers and institutions analyzing commercial real state projects like shopping centers, office buildings, hotels, warehouses and apartment complexes, primarily for national clients in New York and across the country. I have loved analyzing projects and pointing out issues and strengths to my clients.

With the downturn in the economy a number of years ago, many of my clients moved to the sidelines or left the business completely and I found myself doing a variety of things to keep myself busy and keep money coming in. However, I've always worked to do the best job I could regardless of how much money I was paid. In the last 8-9 years I've worked for as little as \$10.00 per hour and at times many multiples over that, but have always given the same level of service regardless of the pay level. I think it comes from my blue-collar parent upbringing. They worked hard to keep us clothed and fed during some pretty lean years when New Departure in Bristol went through its cyclical periods of hiring and laying off workers. I've never forgotten that and to some extent it has defined who I am.



TOWN TEAM NEWS



*Continued from Page 7
... Meet Steve Byko*

Education: I like to think of my education as a mix of that which I learned as a Marine, that which my parents taught me, and that which I learned earning a degree at the University of Connecticut. The thing I haven't learned very well is not to work too hard. I can't seem to do the minimum.

Best Part of the Job: I haven't been here long, but I love learning new things, which the job has plenty of. I'm fortunate enough to have a good boss in Josh Medeiros, the new Parks & Rec Director, and appreciate his work ethic and the new creative ideas that he is bringing to the department, plus I get to work with some really nice people. The thing I probably like the most is the social contact with the clients, the people of Canton.

In particular, I like the seniors that come in for the various programs, especially the exercise programs. They have an infectious zest for life and give me something to strive for. For example, take Mary Root. She comes in to run one of the senior's exercise programs in some of the wildest costumes, like the

Superman outfit she wore this past week. The people in her class love her and I know she gets a bit more out of them because of what she gives them...100% of herself every session. I think that can be said of a number of the instructors in our programs. They really seem to enjoy what they are doing. I've had some nice comments and thank you's from the people around me, which surprises me at times because this is essentially a service business and if we at Park & Rec or any service business aren't willing to provide good service, what's the point in being here.

Personal: I ended up at Park & Rec because The Cave (Teen Center) needed someone for the weekends to be a sort of chaperone. When Brian Wilson, Director of Park & Rec announced he was going to New Hampshire and Darrien Lynn, the Program Supervisor indicated that she would be moving to Ohio, I was about all that was left of Park & Rec, so I was asked to fill in at least until the end of August. Friday nights, I'm still at The Cave with my young "Cave Men" and "Cave Women". The Cave is their place and I think it's an important place for them to go. Not just because it has a pool table, ping pong table, and free snacks and drinks, but it provides a caring "safe" environment for these young people to go and congregate.

I have a philosophy that I live by with respect to work that I try to pass on to my children and young people that I come in contact with. No matter who you work for, you only really work for yourself, the job you do is "branded" by who you are and what you put into it. If you take a job, work as if it's your own company, it really is. Take pride in everything you do no matter how small or how large the assignment. Learn something from everything you do. If you do your best, that's all that can be expected of you.

Little Know Fact: My wife Kathy and I were married 26 years ago in the back yard of the house we own in Canton. We didn't intend to come out this far, but our broker found a place that we both liked and we were hooked. In the second year we lived here I started coaching Babe Ruth Baseball, with Kathy as my scorekeeper, and really made a lot of friends in the community. A number of the kids have remained friends over the years and we have attended some weddings. One young man called this past year to say thank you for some thing that we did to try and help him out 24 years ago. It gave me a great feeling. That first year also put me in contact with Stan Krzanowski who has been a friend all these years.


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TOWN DEPARTMENTS & NEWS

Department of Public Works — Notice of Roadway Improvements for Fall, 2014

Canton Residents: The Town of Canton Department of Public Works would like to give you an up-date on roadwork that is currently on going and what is proposed for this fall.

Current Roadwork:



Andrew & High Valley Drive is currently under road construction. The roadway improvements will include drainage enhancements, catch basin repairs, reclamation/milling or reconstruction of the existing bituminous concrete pavement section, resurfacing of the roadway, curb replacement (curbs will be backfilled with top soil and seed), and reconstruction of driveway aprons as required. The roadways will be open to local traffic at all times during construction. Detours signs will be provided during construction activities to reduce traffic congestion during construction. Roadwork should be completed in early fall, weather permitting. The estimated road repair costs for Andrew & High Valley Drive are \$931,665.00

Proposed Roadwork:

Weather and vendor schedule permitting, the following proposed roads are scheduled for repairs this fall. *Denotes roads currently in the engineering stage with roadwork to follow.

Case Street*, Gracey Road*, Indian Hill Road*, Powder Mill Road*, and Thayer Avenue - The roadway improvements will include drainage enhancements, catch basin repairs, reclamation/milling or reconstruction of the existing bituminous concrete pavement section, resurfacing of the roadway, curb replacement (curbs will be backfilled with top soil and seed), and reconstruction of driveway aprons as required. The roadways will be open to local traffic at all times during construction. Detours signs will be provided during construction activities to reduce traffic congestion during construction. The estimated road repair costs for Case Street, Gracey Road, Indian Hill Road, Powder Mill Road, and Thayer Avenue are \$3,252,147.00

Hilltop Drive and Wright Road - The roadway improvements will include minor drainage improvements, thin overlay of the existing bituminous concrete pavement, and reconstruction of driveway aprons as required. The roadways will be open to local traffic at all times during construction. Detours signs will be provided during construction activities to reduce traffic congestion during construction. The estimated road repair costs for Hilltop Drive and Wright Road are \$260,000.00

Thank you for your cooperation as we try to improve our roadways in the Town of Canton. If you have any questions please call the Department of Public Works at (860) 693-7863 or email rmartin@townofcantonct.org.

Halloween Safety Precautions

Thousands of ghosts and goblins will venture out on Halloween night dressed in their best costumes as they walk through their neighborhoods. Halloween should be fun and adventurous for all trick or treaters. Safety should be the first rule that youngsters follow on Halloween night.

Take these simple precautions so that you arrive home safely after a night out with friends.

- Wear bright, light-colored costumes and use a flashlight. Be sure that motorists can see you!
- Always go trick or treating in a group – never alone.
- Be careful as you go from house to house. Watch for cars and be alert for objects or toys in driveways or walkways.
- Do not eat any treats until you arrive home and your parents inspect all treats you have collected.
- Only accept treats from neighbors or friends you know.
- Be certain that your eyesight is not impaired by mask or other head covering.



Tips for Parents:

- Clear the front walkway to your house. Remove all obstacles so that it is safe for children to get to your front door.
- Inspect all candy and treats collected by your children.
- Remind your children to only visit and collect treats from people who they know.
- Drive cautiously! Children will be running from house to house.
- To ensure safety on the roads, drive at a slower rate of speed than is posted.

TOWN DEPARTMENTS & NEWS

TOWN CLERK

All Town Offices will be CLOSED in observance of the following:

Holidays

Monday, September 1, 2014 (Labor Day)

Monday, October 13, 2014 (Columbus Day)

Tuesday, November 11, 2014 (Veteran's Day)

Thurs & Fri, November 27-28, 2014 (Thanksgiving)

Thursday, December 25, 2014 (Christmas Day)

Thursday, January 1, 2015 (New Year's Day)



Election Day is Tuesday, November 4th. Positions for Governor, Lieutenant Governor, State Senator, State Representative, Secretary of the State, Treasurer, Comptroller and Attorney General will be decided. All voting occurs at Town Hall, 4 Market Street, Collinsville, from 6am-8pm. A copy of the ballot will be posted on the Town's website as soon as it is available. Absentee ballots become available October 3rd. Go to the Registrar of Voter's web page <http://www.townofcantonct.org/content/19178/20825/default.aspx> to view the voter registration form, learn about the registration deadlines, view the ballot, get an absentee ballot application or get updated on other election information.



2015 SPORT LICENSES will be available beginning December 1st at the Town Clerk's office, Dick's Sporting Goods or

www.ct.gov/dep.

TAX OFFICE

The annual sewer bills are due October 1st. If you do not receive your bill by the 1st please call the Tax Office at (860) 693-7843 for assistance.

Did you know?

If you would like an e-mail reminding you that a tax or sewer payment deadline is coming up, please go to the town web site www.townofcantonct.org, bottom left-click on receive e-mail notifications and sign up.

Town Hall Hours:

Mon., Tues., Thurs. 8:15 am – 4:30 pm

Wed 8:15 AM – 6:45 PM

Fri. 8:15 AM– 12:00 PM



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TOWN DEPARTMENTS & NEWS



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Canton Drug Give Back Program



Return Unused/Old:

- Prescription drugs
- Expired medications
- Over-the-counter medications

KEEP DRUGS OFF THE STREET/AWAY FROM CHILDREN

Protect our water and soil supply

Drop off unused prescription drugs, expired medications and over the counter medications at the Canton Police Dept (45 River Road, Canton)

7 days a week...anytime!



Farmington Valley
Visiting Nurse Association

Flu Clinic

DATE: Tuesday, October 14, 2014

LOCATION: Canton Town Hall Auditorium

TIME: 11:00 PM—12:30 PM

Call after September 1st to make an appointment:

(860) 653-5514



Neighbors Helping Neighbors Day!

Canton, CT's 18th Year of Neighbors Helping Neighbors Day will be Saturday, November 1, 2014. This Focus on Canton event is held from 8:30 a.m. to 2 p.m. with volunteer sign-in at Canton Community Baptist Church, 125 Dowd Avenue, Canton, CT. Contact Kathy Corkum at (860) 693-8612 or Cynthia Politano at (860) 693-1210 for a job you need done or to volunteer. Additional information is on the website www.focusoncanton.org.



For questions or additional information, contact Kathy Corkum, P O Box 159, Canton, CT 06019 at (860) 693-8612 or e-mail kccdjc@aol.com or Cynthia Politano, 11 Brook Ridge Drive, Canton, CT 06019 at (860)693-1210 or e-mail poliville@comcast.net.

TOWN DEPARTMENTS & NEWS

TOWN OF CANTON YOUTH SERVICES BUREAU—CYSB

What is the Canton Youth Services Bureau (CYSB)? It is an agency of seven volunteers appointed by the Board of Selectmen that is designed for planning, evaluation, coordination, and implementation of a network of resources and opportunities for children, youth, and their families.

What is our mission? We are dedicated to promoting quality services for Canton's children, youth and families. **What do we do?** Here are a few examples of programs and services we fund and support:

- * Confidential individual and family counseling for youth and their families;
- * McCall Foundation at CHS – Substance abuse education; support groups for students dealing with substance abuse concerns;
- * "The Cave" Teen Center – Friday night for high school students and Saturday night for middle school students;
- * Drums for Unity Program for middle school students;
- * Music Recording Program – Young musicians and engineers learn to create professional quality music recordings thanks to a grant from the Canton Education Foundation;
- * Collaborate with local organizations:
- * Worked with Canton Police Dept. to initiate the Drug Give Back program;
- * Kick off funding for the PBIS (Positive Behavior Interventions and Support) program through the Canton school system.

Contact any CYSB member below for more information on volunteer opportunities:

Sue Saidel, Co-chair suesaidel@gmail.com

Pat Maloy, Co-Chair patmaloy203@hotmail.com

Lori Snow, Secretary/Clinical Coordinator
rainbow03@sbcglobal.net

Stan Krzanowski, Treasurer stankr625@hotmail.com

Laurie Meheran, Teen Center Coordinator
lmeheran@sbcglobal.net

Glenn Barger, Music Program Coordinator
gbarger62@gmail.com



The Farmington River is well known for its fine recreational qualities. Many recreational users see to it that the river's safety and scenic beauty is not degraded by litter, cans and broken bottles. An extra effort is being initiated by a coalition of river protectors to keep the river safe and enjoyable.

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255 Albany Turnpike, Canton Ct 06019
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TOWN DEPARTMENT & NEWS

"Serving the Community with Pride" A Message from the Director of Public Works, Robert Martin



As the person responsible for leading the daily operations in the Department of Public Works (DPW), I would like to speak to you about the relocation of the Public Works Facility. DPW is a major town department that is involved in your lives on a daily basis. Besides snow and ice removal, DPW staff helps maintain and improve upon numerous areas of our town that you may not be aware of. During the warmer months, the staff does road repair and maintenance work, keeps the

trails open and safe. We maintain the parks and athletic facilities by mowing and setting up events, and we take care of the town pool. The staff also works on all the school campuses plowing in the winter, maintaining school grounds and athletic facilities. We also maintain all the town buildings and their grounds. If your child plays sports, we most likely are behind the scenes helping to provide safe well groomed playing fields. We also are involved with assisting community groups. This past summer we worked with the Cherry Brook PTO to build the new Playscape for the students and children of our community.

In conjunction with the Police and Fire Departments, DPW plays a major role in first responding to all types of emergency situations that affect our community. During my four years working for you I have seen firsthand several emergency events that paralyzed our community. DPW was in the forefront making the town safe and restoring our town roads, facilities and homes back to normal. I have seen the hard working staff work two weeks straight to clean up the winter storm in October, 2011, along with several recent blizzard events. We also assist the Fire Department and Police Department by providing support with our trucks and heavy equipment in times of emergency.

On Tuesday, November 4, 2014 when you go to the polls to vote for various political offices, you may also be asked a very important referendum question to allow the town to bond funds to build a new Public Works Facility. As a tax payer I would imagine the first thing that comes to mind is how this new facility impacts you and your family. This new facility will impact your lives in many ways. Like the new Police Department facility built in 2002, this facility will be another essential town facility dedicated to public safety and maintenance that currently is lacking. By replacing the outdated facility on the river we will be able to provide emergency services in winter weather as well as during possible natural disasters.

Services such as having enough treated road salt to fight back to back winter storms. We currently do not have that ability. We will be able to provide gas and fuel to all town departments in the time of emergency for numerous days, we currently only have in the time of emergency the capacity to provide gas and fuel for 3 days. The new facility will allow the DPW, Police, and Water Pollution departments a modern repair facility to maintain the equipment and vehicles.

Currently the town sends out all their repair work paying a premium to maintain this equipment. The new facility will also have a wash bay that will allow the department to clean their equipment and vehicles.

The department is prohibited by DEEP to wash vehicles on the current site due to the close proximity to the river. To understand how this impacts you, it's really simple. By not being allowed to adequately wash DPW's \$1,000,000.00 equipment and vehicles it shortens the useful life by a third. For example, instead of getting 15 years of service life out of a piece of equipment we are only getting 10 years. This impacts funds that could be used on other badly needed upgrades and projects throughout our community.

As the DPW facility's location would be moved elsewhere, the town-owned land would have a huge potential to enhance the lives of everyone in the community. Due to its close proximity to the water, the opportunity could present itself to create a boat-launch for kayaks, canoes, and other small watercraft, this is currently not available to the community. The area would lend itself nicely to handicapped fishing access as well as provide more parking for the trailhead and events in Collinsville.

The Public Works staff has always been there for the community, our motto is *Serving the community with pride*. By working together, as a whole, we can continue to make Canton a great community.

Sincerely,
Bob Martin, Director of Public Works

Can your dog sit politely when a stranger approaches?
Ride a skateboard? Detect a target scent hidden in stonewall?

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SENIOR SERVICES

Senior/Social Services has many types of programs and activities to make your days more interesting, healthful and fun! The Senior Center has many special one-time events. Please call 860.693.5811 to inquire about travel opportunities, special luncheon events, educational presentations, workshops and other resources that may be available to you.

Change in Office Hours

Effective July 1, 2014, the Senior & Social Services Office will maintain new hours:

- * Mon, Tues, Wed, Fri 8:30AM-4:30PM
- * Thursdays 8:30AM-6:30PM
- * Summer (June, July, August) hours:
Mon-Fri 8:30AM-4:30PM



Canton Senior Center will now operate between the hours of 9:00AM-4:30PM, Monday through Friday.

Dial-A-Ride

Transportation is available for seniors over 60 and for adults with disabilities, for trips within Canton, MON-FRI, 9:30AM-3:30PM. CALL **(860)693-1156**, **between 8AM and 4PM a day ahead, or Friday for a Monday ride.** Annual memberships are required to ride, and cost \$50 per fiscal year.. A ten-ride Punch Pass can be purchased for \$10. Reduced membership costs are available for lower income persons. Apply at the Senior/Social Services Office.

Medical Transportation

Rides to medical appointments are provided through local Cab companies to seniors over 60 and adults with disabilities to most areas of CT (beyond Canton.) The cost is covered by grants to the Town, and riders pay a gratuity only. Call Senior/Social Services to request a ride.

Blood Pressure Clinics

The VNA checks Blood Pressures in the Lower Level in the All Purpose Room each Wednesday from 11:30 AM-1:00 PM. Come have you blood pressure checked.

Renter's Rebate

Renters may qualify for a once-a-year rebate on rent paid. The filing period is between April & October 1st through the Assessor's Office, 860.693.7842.

Podiatry/Foot Care Services

Dr. Scott Lindsay, is in the Lower Level Conference Room each second Monday, each month, 1:30PM-3:30PM. Call (860)677-7272 for an appointment.

AARP Safe Driving Program

The next Course will be held on Monday, October 6, 2014 from 9am-1pm at the Community Center. Call the office for more information and to sign up.

Tai Chi

55+ Tai Chi for Osteoporosis & Falls Prevention can help to prevent bone loss and improve balance. Class runs continually Thursdays from 1:30-2:30PM; cost is \$48 or you may participate on a "drop in" basis, for \$8. This program is a repeating one.



Canton Senior Center Scribe

What's going on for Seniors? Find out in the Scribe mailed every 4 months. Call the Senior Center at (860)693-5811 if you do not receive one in the mail. The Scribe can be found on the Senior Services website as well.

Pinochle, Setback, Bridge & Mah Jongg

Games are played weekly at the Senior Center. Seniors play cards on Wednesdays and Fridays, Mah Jongg and Bridge are on Fridays.

Senior Room Computers

We have a computer and a printer available everyday for seniors to use- to check email or surf the web.

Seniors Job Bank

Who is going to provide fall clean-up for you? Need someone to take you grocery shopping? Do you need extra cash and have an interest in working part time? The Seniors Job Bank could be the place for you to either find affordable help you need, or to find a local job! check out the website: seniorsjobbankct.org for call the Senior & Social Services office for more info.

Presentations and Special Events

If you have an interest in participating in Senior Center events & programs, call today & request a Card & Waiver to get on our mailing list!

Senior Center Celebration

Celebrating NATIONAL SENIOR CENTER MONTH! Tuesday, September 2nd: "Celebrating Connection & Community" Senior Center luncheon, 12noon-1:30PM. Music, Lunch & Friends. \$3.00/per person. .

Community Café

Join your neighbors for a nutritious hot lunch on Wednesdays and Fridays for a very reasonable \$2.50 donation. Just call (860)693-5811 before noon the day before to reserve a meal.

SOCIAL SERVICES

Social Services assistance for Canton residents is available in the Senior/Social Services Office in the Canton Community and Senior Center located in the lower level, rear, at 40 Dyer Avenue, every day from 9 AM to 5 PM. Call 860.693.5811 for assistance, information or to set up a confidential appointment.

SOCIAL SERVICES INFORMATION

Social Services for Canton residents are available in the Senior/Social Services Office in the Canton Community and Senior Center located in the lower level, rear, at 40 Dyer Avenue. The following are some of the main State and Federal and local programs that Canton seniors and adults with disabilities can apply for. There is no charge for any Social Services assistance. Call (860) 693-5811 for assistance or for more information.

Farmer's Market Vouchers

Canton Senior & Social Services has received vouchers to be used at local Farmer's Markets by Canton residents who are eligible through the Dept. of Agriculture. Canton residents who are either 60 years or older, or younger than 60 and permanently disabled, living in subsidized housing may be eligible to receive vouchers. Eligible residents should contact the office in August to receive vouchers. Available until they run out. One per person per season.

Food Stamp Program (SNAP)

The Food Stamp Program (now called SNAP) provides monthly cash assistance to help low-income households buy groceries. Eligibility for food stamps is based on household income and assets. Call 860.693.5811 for more information. Applications are also taken at Gifts of Love in Avon call 860.676.2323 for an appointment.



Renter's Rebate

Renters may qualify for a once-a-year rebate on rent they paid. The filing period is between April & October 1st. Applications are processed through the Assessor's Office. Call 860.693.7842 to inquire.

Energy/Heating Assistance:

Intake appointments for heating assistance for winter 2014 will begin in *September for the elderly/disabled housing complexes*, and for all others beginning **October 2nd**.

Please call early to make an appointment. Heating assistance is offered to eligible Canton residents who meet income & asset requirements. If you think heating your home, or utility expenses will be difficult this upcoming season, please do not hesitate calling us to inquire about this program and how we can help!

Canton Food Bank

The Food Bank, located at 55 River Rd (Trinity Episcopal Church) is open Tuesday mornings, 8:30AM to 11:30AM. Call 860.693.2024 for information, to make a donation or to volunteer. **To use the Food Bank, you need to have an ID card, which is provided by the Senior/Social Services staff.** Renewal for July 2014-June 2015 will take place throughout the month of June at the Food Bank.

Medicare Savings Program

The government will provide supplemental insurance and/or refund the Part B Medicare premium for people who meet income limits. It may also help to lower prescription costs for people who have Medicare D prescription coverage. The period to re-evaluate your coverage is October and November each year. Call office for appointment with the CHOICES volunteer.

Medicaid

Medical assistance is provided by the State to people who are mostly very low income and have minimal assets. There are several types of help available, based on age, income and assets.

Good Morning Canton program

Are you an older Canton resident who has a lot of alone time? Do you worry about what would happen to you in something were to go wrong in your home? Would someone be around to check on you anytime soon to help? Canton Senior & Social Services, in conjunction with the Canton Police Department, have started a voluntary call-in program for mature Canton residents who want to ensure their safety and security. Register with the Police Department and call in on a daily basis. If they don't get a call, they'll call your, or send someone to check in on you. Call 860.693.5811 or 860.693.7872 with questions.

Connecticut Home Care for Elders Program

This program can provide assistance (Lifeline, meals on wheels, home health aid, homemaker, adult day care) to help who are unable to care for themselves. Call Senior/Social Services Office at (860) 693-5811.

Flu Clinics

The Farmington Valley Visiting Nurses Association will be holding two community flu clinics in Canton. *Please call (860) 653.5514 to sign up for clinics after September 1:*

Wednesday, October 1, 2014 @ CCC, 11:30AM-1:00PM
&
Monday, October 14, 2014 @ Town Hall, 11AM-12:30PM

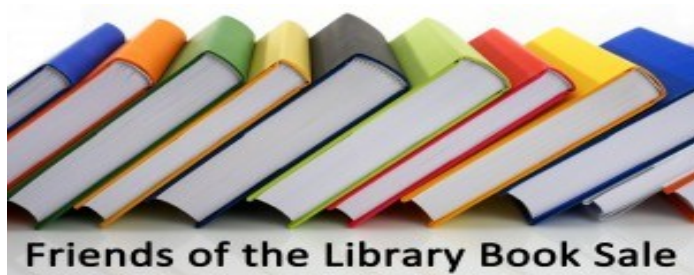
CANTON PUBLIC LIBRARY



40 DYER AVENUE
860-693-5800
860-693-5804 (fax)
www.cantonpubliclibrary.org

HOURS:
Monday through Thursday
10 AM to 8 PM
Friday and Saturday
10 AM to 5 PM

Closed Sundays and on federal holidays



SEPTEMBER 6th & 7th

The Friends of the Library will hold their annual September book sale at the Library/Community Center on the weekend following Labor Day. Dates: Saturday and Sunday, September 6 and 7.

Saturday 8:00 to 9:30 am: "Early Bird" admission -- \$10.00 per person entry fee. Get a jump on seeing the collection and buying your selections. Prices as marked.

10:00 am to 3:00 pm: Free admission for all. Prices as marked.

Sunday 11:00 am to 2:00 pm Free admission for all. \$6.00 for each bag of books. Come to browse our inventory of books and media. Buy old favorites, take chances on new writers and subjects, and look for CDs and DVDs. All the while, you'll be supporting the Friends of the Library, a group that does so much to make the Canton Public Library a more beautiful place and a more useful resource.

Can't Escape it ... Death, Taxes AND ...

That old saw about the certainty of death and taxes needs to be updated to include a new inevitability: **Technology.**

The Library trustees and staff thank our patrons for their patience while we migrated to new computer software in June. All 30 member libraries of the Library Connection consortium switched over to a new system on June 2. Although all migrations pose challenges, and this one was no exception, we were pleased with the overall smoothness of our change.

The library staff is now doing their many duties in new ways. Also from the borrower's viewpoint, you may have seen some big changes in the public catalog, which received a major facelift. Our new catalog offers many new features. Check it out. We're here to help—contact us!

IF I JOIN THE FRIENDS OF THE LIBRARY, WHAT WILL THEY DO WITH MY MONEY?

The Friends of the Canton Public Library is just like the school PTOs. Members raise funds so that the Library can purchase items that its tax-funded operating budget can't be stretched far enough to cover. Also, Friends members speak out in support of the Library at town meetings and in other venues throughout town.

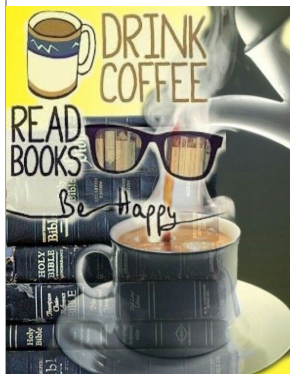
What does the Friends group do with the money it raises? Here's a summary of what their FY 2013-14 donation to the Library accomplished. We were able to pay for:

- Admission passes to 18 museums and cultural sites: \$2,000.00
- Summer reading books for the primary, intermediate, junior high, and high school grades, plus the Nutmeg Book Award nominees: \$1,000.00
- Downloadable audiobooks and ebooks: \$5,000.00
- The database *Mango Languages*: \$1,000.00
- The three-part winter music concert series and the annual April crossword puzzle tournament for all ages: \$1,600.00
- Teen programs: \$600.00
- Children's programs: \$1,300.00
- *I Love My Library* plastic tote bags: \$150.00
- The Library/Friends booth at Sam Collins Day 2013 & 2014: \$225.00
- The Library contribution to producing *Canton Connections*: \$1,000.00

New library cards (2,000): \$1,000.00

In total, Friends' gifts to the Library during FY 2013-14 totaled **\$15,000.00**. And, at their annual meeting in June, members voted another \$15,000.00 gift to the Library for FY 2014-15. In addition, they earmarked \$2,000.00 more to help pay for more programs of interest to teenagers. What *would* the Library do without the wonderful Friends and the wealth of items they help us to buy?

"COFFEE AND ..."



Every month, on the first Monday morning, the Friends of the Library present *Coffee And* Members provide coffee and goodies for Library visitors to enjoy from 10:00 am until 12:00 noon. This program was in recess for the summer, and did not take place in September due to Labor Day, but its return comes on October 6th. Join us!

CANTON PUBLIC LIBRARY

NEED A GREAT WAY TO SPEND A DAY OFF? Ask us about our library passes to the following:

- The Children's Museum of West Hartford/Roaring Brook Nature Center
- The Connecticut Science Center
- The Connecticut State Parks and Forests
- The Eric Carle Museum of Picture Book Art
- The Hill-Stead Museum
- The ImagineNation Museum
- The Maritime Aquarium at Norwalk
- The Mark Twain House and Museum
- The Mashantucket Pequot Museum
- The Mystic Aquarium and Institute for Exploration
- The Mystic Seaport
- The New Britain Museum of American Art
- The New England Air Museum
- The Norman Rockwell Museum
- The Old State House
- The Peabody Museum of Natural History
- The Wadsworth Atheneum
- The White Memorial Conservation Center



Anyone age 18 or over whose library card is in good standing may borrow an admission pass at the Circulation Desk. Passes go out for three days and even can be reserved up to three months in advance of the date you want to borrow it. Each pass has its own terms -- how many individuals are covered, whether admission is free or discounted, whether discounts in the gift shop are part of the deal, etc. Check out our Passes to Museums & Cultural Sites brochure. Or visit the library website and click on the link labeled Museum Passes. Still have questions? Call us.

"FRIEND US" THE OLD-FASHIONED WAY

Please consider joining the Friends of the Library and help them accomplish their good work that makes a significant impact on the quality of life in our town. Membership forms are available at the Library and on our website. Membership fees are modest and tax-deductible:

- Individuals: \$10.00/year
- Families: \$25.00/year
- Supporting Members: \$50.00+/year
- Benefactors: \$100.00+/year

"Other": Donate any amount that fits your budget.

Friends meetings take place at 7:00 pm on the 3rd Tuesday of most months in the Library Program Room. Upcoming dates:

- September 16
- October 21
- November 18

New Members are always Welcomed!

ONLINE DATABASES – INFORMATION AT YOUR FINGERTIPS

- A-to-Z World Travel
- Ancestry.com
- ConsumerReports.org
- The Historical Hartford Courant
- iConn
- JobNow!
- Learning Express Library
- Mango Languages
- NoveList Plus



Use these databases on the public computers in the library. Most also can be accessed remotely from your home, school, or work computer. (NOTE: Ancestry.com does not permit remote access – sorry, company policy.) To use a database, visit our website and click on the link labeled Databases. Some of our databases require user log-in, so have your Canton Public Library card handy.

An endless supply of information can be had – it's literally at your fingertips -- through your public library.

Contact the Library to inquire about other programs and services that we have to offer! (860) 693-5800

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For Residents and Businesses

CANTON PUBLIC LIBRARY

AND WE OFFER PROGRAMS, TOO

The Library organizes programs of many types: children's storytimes, movie showings, book discussion groups, speakers on various topics, etc. These are offered for the enjoyment and instruction of Canton residents of all ages. Some events coming this fall:



Wednesday, October 8, 6:30 pm,
Introduction to Meditation

Wednesday, October 15, 7:00 pm, Dr.
Julie Gershon to speak on breast cancer

Thursday, October 23, 6:30 pm, *How to Set Up and Run a Successful Etsy Shop*

Saturday, October 25, 10:00 am, Jay Kohler of West Hill Antiques will speak and do on-the-spot appraisals of items brought in by attendees.

Tuesday, November 4, 11:00 am, Author/Gardener Kerry Ann Mendez will speak. Co-sponsored with the Cherry Brook Garden Club.

Wednesday, November 19, 6:30 pm, Dog Listener Phil Klein will offer a presentation on becoming the pack leader. Q&A to follow. (No dogs, please)

These are just a small sampling of our fall events for adults, teens and children. Check our website for details on these and many more programs.

OTHER LIBRARY SERVICES ...

- A free Canton library card enables the borrower to use any public library in Connecticut
- A collection of books, periodicals, books on CD, DVDs, Blu-ray discs, compact discs, Wii games, and more is yours for the taking.
- Reserve items in person, by phone, or online via the web site.
- Renew library materials (unless on hold for another borrower) in person, by phone, or online via the website.
- Visit our website to access our catalog, use the online databases, read about scheduled programs, and view your borrower record.
- Sign up for email notification of "almost due materials."
- Sign up for email notification of reserves ready for pick-up.
- Use computers linked to the Internet and to other software programs (one-hour usage if others are waiting, first-come-first-served).
- Use printers and self-service copy machines (prints and copies for a nominal fee).
- Sign up to use our two quiet study rooms.

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- Access our wifi system anywhere in the building. (Our system is being "beefed up" for a stronger signal this fall.)
- Ask our reference staff to help answer questions and find resources.
- Don't go home without your item – ask about interlibrary loan service. If we don't have it, we can get it and have it sent to you here from anywhere in the country.
- Try our "Quick Read" collection -- bestsellers for one-week loan. No reserves, no renewals.
- Attend programs for all ages.
- Borrow museum passes.
- Use online databases.
- Downloadable audiobooks and ebooks.
- Consult our parenting collection.
- Explore our Local History Room collection.
- If you or someone you care about is a shut-in, ask about our home delivery of materials.



CREATING COMMUNITY THROUGH PARKS, PROGRAMS, AND PEOPLE

FALL 2014 PROGRAMS & EVENTS BROCHURE

Special Events (save the date!)



NEW! Family Fitness Festival
(Sat. Sept 27th)

NEW!

**Spook-A-Palooza:
Halloween Carnival**
(Sat. Oct 18th)



NEW! Turkey Shoot Basketball Contest
(Sat. Nov 22nd)

NEW! Illuminate the Night: Holiday Lights Contest
(Dec. 9th & 10th)



Breakfast with Santa
(Sat. Dec 20th)

More details inside!

REGISTER TODAY!

Register online at www.cantonrec.org, over the phone at 860-693-5808, or in person at the Parks and Recreation Office.

Registration is first come first served. Spaces are limited in select programs so please do not wait to register!

NEW YORK CITY BUS TRIP

Date: Saturday December 6th

Fee: \$45 per person before Nov 1st. \$55 per person after Nov 1st. The trip will be held on **Saturday December 6th** departing Mills Pond Park at 7:30am and returning back to Canton at approx. 8pm. The trip will be **"On Your Own"** to give you the freedom to explore the city at your leisure and get in all the holiday shopping and sightseeing you desire! There will be a drop off at Macy's and a drop off at 5th Ave. Register now to reserve your seat and don't miss out on the opportunity to see New York City at the holidays! *Spaces are limited so don't wait!*



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Parks & Recreation
40 Dyer Avenue
Canton, CT

Office Hours
Monday-Friday
8:30am-4:30pm

Phone: 693-5808
Fax: 693-5805

www.cantonrec.org
www.cantonrec.org

DEPARTMENT STAFF & CONTACT INFORMATION

Director of Parks and Recreation– Joshua T. Medeiros, MS, CPRP
jmedeiros@townofcantonct.org 860-693-5808 x 1

(Interim) Recreation Program Supervisor– Steve Byko
sbyko@townofcantonct.org 860-693-5808

Camp Director/Special Events Assistant– Jessica Dillaway
jdillaway@townofcantonct.org 860-693-5808

Parks and Recreation Commission– Rebecca Andrews-*Chair*, Christopher Eckert, Julius Fialkiewicz, Ben Holden, Todd Jacobs (*2 vacancies on the Parks and Recreation Commission. Please contact the Director of Parks and Recreation if interested*)

(NEW & FAVORITE) FAMILY SPECIAL EVENTS

Family Fitness Festival (Saturday September 27th 10am-2pm)

Join us at Mills Pond Park for a fun-filled *Family Fitness Festival*. The event will include free health smoothie samples, blood pressure screenings, adult fitness class demos, ultimate recess activities for children, pre-school sports class demos, snacks and more! The event is co-sponsored by Avon Healthtrax and Valley Sports Center. Admission is FREE!

Spook-A-Palooza: Halloween Carnival (Saturday October 18th 11am-3pm)

Calling all ghouls and goblins—Canton Parks and Recreation will be hosting the first annual Spook-A-Palooza Halloween Carnival at Mills Pond Park on Saturday October 18th. The carnival kicks off from 11am-12pm with a special performance of the Pirate Show—an interactive variety show that gives kids the chance to live out their swash-buckling dreams! The show features magic bubble-play, slapstick comedy, and a cartoon-like sound effect and musical score! Then from 12-3pm families can enjoy arts and crafts, games, balloon animals with clowns, and inflatable entertainment from big daddy racing! Children are encouraged to come in costumes. Event is completely free



Turkey Shoot Basketball Contest (Saturday November 22 10am-12pm)

Turkey Shoot is for youth aged 8-13yrs (and a parent/guardian of his/her choice). Child and Parent will compete in a basketball foul shooting contest for a chance to win a Thanksgiving Turkey! Parent/Child teams will be divided into groups: 8 & 9yrs, 10 & 11yrs, and 12 & 13yrs. A winner will be awarded in each category. Various prizes will be raffled off throughout the morning. The event will be held in the Canton Intermediate School Gymnasium. Doors open at 9:30am with the event starting at 10am. The first 25 teams pre-registered receive a



Turkey Shoot T-shirt. Admission is \$5 per team and a canned good for donation.

Holiday Tree Lighting (Friday December 5th 7pm)



Come start the holidays off right by singing carols and watching the annual tree lighting ceremony at the Canton Town Green. Hot cocoa will be served.

Illuminate the Night: Holiday House Lights Contest

Canton Parks and Recreation Department will be holding a Holiday Lights Contest this holiday season. We invite families to decorate their homes in festive lights and displays. Interested families should complete a registration/entry form available at www.cantonrec.org and at the Parks and Recreation Office. Forms must be submitted to the office no later than December 5th by 4:30pm. Judging will take place on Tuesday and Wednesday December 9th and 10th from 5-9pm. Please keep your lights on during this time. Families may win one of five TBA prizes. Award categories include “Most Spirited”, “Most Creative”, “Brightest”, “Traditional” and “Best Overall”. The contest is open to Canton/Collinsville residents only.



Annual Breakfast with Santa (Saturday December 20th 9:30-11am)

Canton Parks and Recreation Department will be hosting the annual Breakfast with Santa on Saturday December 20th from 9:30-11am. We invite families to bring their children to meet Santa Claus and enjoy a tasty breakfast.

The menu includes pancakes, sausages, fresh fruit, muffins, coffee, tea, cocoa, milk and juice. There will be arts and crafts, festive music, and special entertainment. Pre-register by December 12th and admission is (\$10 adult, \$8 child). Admission after December 12th will be \$15 for adults and \$12 per child. All guests who attend the event will be charged the admission fee. *Spaces are limited.*



Did you know?

The Canton Community Center may be rented out for Birthday Parties, Family Gatherings, and other special occasions. The fee is \$125 for a 4 hour rental. Contact the Parks and Recreation Department to check on available dates and schedule your next special event with us!



YOUTH/ AFTER SCHOOL PROGRAMS

Red Cross Swimming Lessons (ages 5 & up)

Canton Parks & Recreation in conjunction with Avon HealthTrax will be offering Fall swimming lessons. Classes will follow the Red Cross curriculum and will be taught by certified Water Safety Instructors.

Level 1: 4:00-4:30 pm
Level 2: 4:30-5:00 pm
Level 3: 5:00-5:30 pm
Level 4: 5:30-6:00 pm
Level 5/6 Combo: 6:00-6:30 pm



Dates: Mondays, 9/22—11/03 (no class 10/13)

Fees: \$75.00 for the session

Location: Avon HealthTrax (100 Simsbury Rd Avon, Ct 06001)

Recreational Hoops Basketball (K-2nd grade)

Learn the basic skills and fundamentals of basketball: dribbling, shooting, and passing. Practices are focused on the very basics of basketball using smaller balls and shorter hoops. This is a very popular program and tons of fun! Classes include a mix of warm ups, drills & games.

Dates: Kindergarten-Tues: 1/06/15-2/10/15
1st & 2nd grade- Wed: 1/07/15-2/11/15

Time: 3:40-4:40pm

Fee: \$50.00 (\$60.00 NR)

Location: : CBPS Gym



After School Mad Science

“Fun-tastic Physics” (K-5th grade)

Young scientists will explore a variety of scientific experiments during this exciting after school program. This includes robotics, chemistry, building earth-quake proof structures, designing “football” gliders and loop-flying stunt planes. This 8 week after school program is the perfect spot for your child to learn and have fun with science!

Dates: Mondays, 10/06-12/01

Time: 3:40- 4:40pm

Fee: \$139.00 (\$149 NR)

Location: CBPS Café



NEW! Tasty Treats: Culinary Arts & Cooking (4th-6th grade)

“Tasty Treats” cooking program encompasses many aspects of the culinary arts. Participants will be working in a live kitchen, learning how to read and measure out quantities for recipes in addition to creating and eating tasty concoctions. Class creations will include small dishes from appetizers to desserts. Lessons on how to properly set a table, table manners, and waiting tables will also be incorporated. During the six week program, parents/caregivers will be invited to share in a special treat prepared by the class.

Instructor: Tiffany Chisholm a CT Licensed Educational Consultant with 12 years experience

Dates:

Session I: Tues & Thurs 9/16-10/23

Session II: Tues & Thurs 10/28– 12/11

(no class week of 11/24)

Time: 4:00-5:00pm

Fee: \$75.00 (\$85.00 NR) for the six week session

Location: CCC Multi-purpose room



NEW! Next Generation Dance & Gymnastics (ages 3-15)

This dance and gymnastic program is designed for all skill levels. Students will be learning a variety of dance and gymnastic routines. This class will emphasize skill building, meeting new friends and of course having fun! No experience is needed.

Instructor: Allysa Laigle, Dance Instructor and Fitness Trainer

Dates: Weds 9/10-12/3 (12 weeks, no class 11/26)

Class Times:

4:30-5:30pm Combo (Gym, Hip-Hop & Ballet) ages 3-5

5:30-6:30pm Hip-Hop & Gymnastics: ages

6-9

6:30-7:30pm Hip-Hop &

Gymnastics: ages 9-15

Fee: \$125.00 (\$135.00 NR)

Location: CCC



REMEMBER: Nothing cancels a great class quicker than waiting until the last minute to register. If there are not enough registrations by a certain date, the program/event may be cancelled. Coming in or calling on the day the program is scheduled to start will not resurrect it, so please register early.

YOUTH ENRICHMENT PROGRAMS

Let's Gogh Art-Around the World Creativity Tour (Grades K-3)

Each week students will create new cultural art based on an exciting location around the world. They will get exposure to a variety of unique materials and artisan's techniques. Children will learn fun facts about each country and culture; geography and art history are included. The only thing kids need to pack is their imaginations!

Dates: Tues- 11/11/14-1/20/15
(No Class 11/18, 12/23, 12/30)
Time: 3:40-4:40pm
Fee: \$125.00
Location: CBPS



A scholarship may be available for your child in exchange for parent's assistance with the class. For more information please contact randi@letsgoghart.com

Youth Musical Theatre Acting Class Once Upon a Time (Grades 4-8th)

Fairytale Theatre production of Once Upon a Time will be a musical revue filled with scenes, songs, group numbers and dances from your favorite fairytales including: Aladdin, Frozen, The Little Mermaid, Cinderella, Sleeping Beauty, and more! Rehearsals are held at Canton Community Center and the final performance will be held Nov 1st at Canton High School. No previous experience is necessary to participate. Children will build on skills including: acting, stage movement, vocal techniques, improvisation, and more! **Space is limited, register soon!**

Instructor: Vickie Culligan, vculligan@att.net, 416-3529
Dates: Mon & Wed 9/08-11/01 (no 10/13) 8 week
Time: 4:00-6:00pm
Location: CCC
Fee: \$350.00 (\$360.00 NR)

NEW! Jam Band Exploration (3rd-8th grade)

Students will take part in learning songs, improvising, listening to each other, and group dynamics. At the end of the session, there will be a concert to showcase what has been learned.

Prerequisites: Participants should have some knowledge of a musical instrument. They must bring their own instrument. All levels are welcome.

Instructor: David Zucker
Dates: Tuesdays, 09/16-11/04 (8 wks)
Time: 5:00- 6:00pm
Fee: \$240.00 (\$250.00 NR)



NEW! Acting in French Club (Grades 2nd-6th)

Do you like acting? Do you want to learn French? In this club, students will participate in structured activities including fun role playing as they learn phrases and vocabulary. They will use improvisation and acting for self expression and learn basic French at the same time.

Instructor: Madame Christine Chaise-Greenwood is a native Parisian French certified elementary school teacher and special education secondary school teacher. She has been teaching in various positions in public and private schools in France and Connecticut for 28 years.

Dates: Fri 10/17-12/19 (8 weeks)
(No class 11/28, 12/5)
Time: 3:45-4:45pm
Fee: \$120.00 (\$130.00 NR)
Location: CCC



NEW! Creative Writing & Dramatic Play (ages 8-18— students grouped by age)

This class is designed to captivate the curiosity of even the most reluctant writers by incorporating a variety of literary forms, such as theatrical play and play writing, skits, short stories, engaging story starter games and much more! This is an 8 week course of fun, imagination, reading, writing and creative play. Students may work on their own playwright and perform on the last day, or create their own short stories.

Instructor: Anissa Zucker, M.Ed. is an experienced teacher and enthusiastic for creative play and multiple intelligence learning styles. She is a published children's author and a certified Remedial Reading Specialist (grades 1-12).

Dates: Tues 9/16-11/04 (8 weeks)
Time: 4:00-5:30pm
Fee: \$165 (\$175.00 NR)
Location: CCC



The Parks and Recreation staff make every effort to prepare this brochure as accurately as possible. However, all content is subject to revision as needed. From time to time adjustments may need to be made including fees, dates, locations, etc. Any changes will be communicated via our website and e-mail blast system. We strongly recommend you subscribe to our e-mail blast system for all the latest updates including new programs, class changes, upcoming events, registration information and more. To subscribe, please go into your Parks and Recreation account at www.cantonrec.org and check off "receive updates" and "cancellations".

YOUTH ENRICHMENT & PRE-SCHOOL PROGRAMS

NEW! Guitar Class with Style (3rd-8th grade)

This class is intended to give guitarists the opportunity to get better at their instruments and to work together as a group. We will play songs from various genres of music. Session will end with a final concert.

Prerequisites: Participants must bring their own guitars. Players with similar abilities will be grouped together and arrangements will be geared to their skill level so all can play. All levels of ability are welcome.

Instructor: David Zucker is an accomplished pianist, guitarist and composer. He has studied at Skidmore college and has toured the US, Europe and Asia. He has performed with Phish, KJ Sawka, Bill Frisell, and Taylor McFerrin. He currently makes music for a variety of TV networks including the Discovery Channel, the Food Network, and the NFL. David has over 20 years of teaching experience.

Dates: Tues 9/16-11/04 (8 weeks)

Time: 4:00- 5:00pm

Fee: \$240.00 (\$250.00 NR)

Location: CCC



NEW! Tell me a Story: A Listening Ear (ages 5-11)

This class is designed to give kids an opportunity to practice reading aloud in a supportive, nurturing environment. Whether your child is above average and loves to share his/her beautiful reading with others, or if he/she is shy and needs a little encouragement, this is a great way to expose your child to the wonderful world of words!



Instructor: Anissa P. Zucker, M.Ed

Dates: Thrs, 9/18-11/13 (8 weeks— no class 9/25)

Time: 4:00- 5:00pm

Fee: \$150 (\$160.00 NR)

Location: CCC

Stay informed: Check
www.cantonrec.org for all the latest
Parks and Recreation updates



Music with Miss Jean (Ages 18 months – 3yrs)

This guitar-led sing-along class, consists of music and activities that will keep everybody moving. Participants will have fun playing instruments, jumping to the rhythms and learning some musical games. This class gets the kids dancing and helps them burn off some energy for nap time.

Instructor: Jean Mix

Dates: Session I: 9/17-10/22 Session II: 11/05-12/10

Days: Wed **Time:** 9:15-10:00am (6 classes)

Fee: \$55.00 (\$65.00 NR)

Location: CCC



Kindergarten Songs with **Miss Jean (ages 3-5)**

This is a perfect add-on for children that have already been to Miss Jean's Music Class and or might be currently enrolled in a Preschool, Pre-Kindergarten or Kindergarten program. Kids will have a great time learning the songs and playing games.

Instructor: Jean Mix

Session I: Wed 9/17-10/22 **Session II:** Wed 11/05-12/10

Times: 10:00-11:00am

Fee: \$60.00 (\$70.00 NR)

ACROfitness® Tumbling Program (K-3rd grade)

This program is an action packed fitness, dance, acrobatic program the kids will love! They get to have a great time while exercising and staying fit! Check out their website to see more: www.ACROfitness.com

Dates: Wed 10/8-11/12

Time: 3:40- 4:40pm

Fee: \$60.00

Location: CBPS Gym

Purchase Program Gift Certificates in any amount at
the Parks and Recreation Office.
The perfect holiday gift or stocking stuffer!

PROGRAM GIFT CERTIFICATE

CANTON
PARKS & RECREATION
CREATING COMMUNITY THROUGH PARKS, PROGRAMS, AND PEOPLE

Good in the amount of: \$ _____

to: _____

Authorized by: _____

Not redeemable for cash

Date of purchase: _____

40 Dyer Ave Collinsville, CT 06022 www.cantonrec.org 860-693-5808

TEEN/YOUNG ADULT PROGRAMS

After School Ski Bus to Ski Sundown (4th-12th grades)

The goal of this program is to promote health, fitness, and social benefits of snow sports. Ski Sundown offers discounted lift tickets, equipment rentals and ski & snowboard lessons for all abilities.

There is a variety of terrain from novice trails, a terrain park for beginners at the Sunnyside Learning Area to more challenging runs and larger terrain features on the main mountain. Bus transportation provided for this 5-week chaperoned program. **Please**

contact 860-693-5808 if you would like to chaperone. Chaperones ski for free and get additional passes for future visits! Information packets and all required forms will be available at CIS, CMS and CHS Main offices in October. Ski Bus will be on Wednesdays.

Stay Tuned for packages and rates



AAA Drivers Education Course

An informational brochure regarding this program will be available at the Parks & Recreation office, as well as the High School Main office. **Registration paperwork will be available at the Main office of CHS, register directly with AAA.**

Date: Classes are held on Tues & Thurs

Session I: 10/14 -12/09

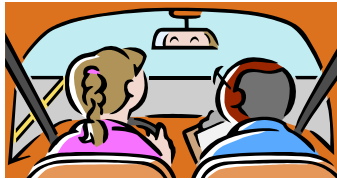
Session II: 01/13– 03/05

Times: 2:30-4:30pm

Fee: \$595.00 for AAA members and dependants under age 18.

\$650.00 for non-members

Location: Canton High School



Did you know? Parks and Recreation in conjunction with Youth Services holds a Teen Night at the Cave. The Cave is open Fridays from 7-10:00pm and is free to Canton residents. The Cave features pool tables, ping pong, foosball. This is an overall great spot to socialize, hang out with friends and meet new people. The Cave is located behind the Collinsville Congregational Church (7 South Street Collinsville).

Babysitting Safety 101 / One Day Only (Ages 10-13)

A comprehensive babysitting course that will cover: basic care, first aid, safety, safe play, leadership and professionalism. Successful completion results in American Heart Association certification. Everything you need to know to get started in the babysitting business! If you are 10 years old, then you are eligible to sign up for our very popular class. Please bring a snack and drink for a quick break.

Date: Sat October 11th

Time: 9:00am-1:00pm

Fee: \$65.00

Location: CCC

Babysitting Safety 102 /One Day Only (Ages 12-16)

This course is for those with a sincere interest in advanced concepts and skills of first aid including CPR certification. **Prerequisite Babysitting 101 course, above.** Building on the entry level skills, objectives for this scenario-based, expanded course includes additional first aid concepts and Adult/child & infant CPR. This course requires participants to pass a written exam and a skills test. Students will be awarded a two year certificate from the American Heart Association. Includes CD-book, handouts and rescue shield breathing barrier.

Date: Sat October 25th

Time: 9:00am-11:30am

Fee: \$65.00

Location: CCC



Program Refund Policy

- 1.) Canton Parks and Recreation reserves the right to cancel programs for insufficient enrollment numbers. In the event we cancel a program you will receive a full refund.
- 2.) Refunds may be issued if you cancel out of a program a minimum of 1 week prior to it beginning. A \$10 cancellation fee will be deducted.
- 3.) Refunds cannot be issued after a program has already started.
- 4.) Please allow 3-4 weeks for the processing of a refund. A check will be mailed to your home address.

ADULT & SENIOR PROGRAMS

Zumba Gold (Ages 14+)



ZUMBA® GOLD is based on the same dance moves used in the original Zumba class; but features less intense dance routines designed for beginners and older adults using modified movements. This class offers a great fitness routine that is fun and moves at a slower pace. It is a total body workout set to Latin Rhythms and dance steps. No experience necessary, give it a try! Wear smooth soled sneakers for the best workout.

Instructor: Denise Lipka

When: Tues & Thrs, 6:30-7:30pm and Sat 10:30- 11:30am

Fee: \$65.00 for 10 Classes, *make your own schedule*

Location: MP Room Lower Level, CCC

Senior Exercise with Denise

Stretch, tone, and flex your way to a healthier you; to the music of the big band era with Denise Lipka. This exercise program works on flexibility, muscle tone and balance—keys to maintaining a healthy lifestyle as we age. Session is 4 weeks long- Pay by the month.

Date: Tuesday, Monthly

Time: 10:30- 11:30am

Fee: \$15.00 per month

Location: CCC



Every Body's Exercise for Seniors

Stretch, tone, and flex your way to a healthier you. Mary is a fun-loving instructor, telling jokes and wearing crazy costumes. She makes exercise seem effortless and fun! Come out and give it a try—you'll be hooked! Session is 4 weeks long- Pay by the month.

Date: Fridays, Monthly

Time: 10:30-11:30am

Fee: \$15.00 per month session

Location: CCC



Co-ed Adult Volleyball

Come out for an evening of recreational co-ed volleyball at Canton Intermediate School Gym. The program is pick-up style with new teams forming each week. All ages and abilities welcome! Equipment is provided. Program follows school schedule for holidays, special events, and weather closures.

Date/Time: Thurs. 9/11-12/18

Fee: \$35 (\$45 NR) for the session

Location: CIS Gym



Yoga (Ages 14+)

Yoga is a simple, amazing connection of body, mind and spirit, great for all ages & body types. Class includes stretches, breathing techniques and relaxation. It will enhance your physical and mental well-being, increase strength, reshape muscles and tone your entire body. Participation will energize you and improve your overall health, including posture, balance, power and range of motion. It's great for people with back problems and for alleviating muscle soreness and joint inflammation. Yoga will improve your overall quality of life and keep you looking and feeling better throughout the year. **Please visit www.cantonrec.org for next session start date.**

Time: 7:45-8:45 pm

Fee: \$75.00 for 8 week session



Yoga Fusion (Ages 14+)

Yoga Fusion is for all levels and abilities. In this gentle but energized class we will intelligently combine disciplines of Yoga, Pilates and Qi-Gong. The emphasis will be on exercises to deepen the breath, strengthen the muscles of the "core" as well as the upper body, arms and legs combined with deep stretching and ending with therapeutic relaxation techniques. The class is designed to bring energy and balance into the body, mind and spirit, cultivating health, vitality and longevity. **Please visit www.cantonrec.org for next session start date**

Dates: Thrs

Time: 10:00-11:00am

Fee: \$60.00 (\$70.00 NR)

Location: CCC



Men's Pickup Basketball

Come out for an evening of recreational pickup basketball at the Canton Intermediate School Gym. The program is pick-up style with new teams forming each week. All ages and abilities welcome! Equipment is provided. Program follows school schedule for holidays, special events, and weather closures.

Men Under 35

Dates: Mon, Sept-Dec

Time: 7:30-9:30pm

Fee: \$35 (\$45 NR)

Location: CIS Gym

Men Over 35

Dates: Tues, Sept-Dec

Time: 7:30-9:30pm

Fee: \$35 (\$45 NR)

Location: CIS Gym

SEMINARS & WORKSHOPS

Halloween Cookie Decorating Class (Ages 6- 14)

Hands-on cookie decorating class in which participants learn the basics for making beautifully iced, Halloween-themed sugar cookies. Come make bats, spiders, webs, pumpkins, cats, ghoulish faces, witch hats, and more! Cookies, prepared icing, and sugar decorations will be provided. Each participant will take home their drying creations in a bakery box.

Date: Fri, 10/24

Time: 3:45- 5:15pm

Fee: \$25 for the class

Location: CCC



NEW! Aging Gracefully

Join Adele Caruso for this seminar which includes foods that are healing and provide more energy, learning to listen to what our bodies need. Ways to relax and de-stress, how to make better choices, when to say no and set boundaries. Learn how your thoughts create reality, and ways to enhance the quality of your life!

Instructor: Adele Mary Caruso

Holistic Health & Transformational Coach

Dates: Saturdays, 9/13-10/4 (4 weeks)

Times: 10:15-11:30am

Fee: \$80.00 (\$90.00 NR) **Location:** CCC

NEW! Videos and the Entrepreneur (Ages 18+)

Join Adele Caruso, Producer and Host of Create Your Health, Piece by Piece which airs on Nutmeg TV. This seminar is for aspiring entrepreneur's and business owners who are looking to improve the quality of their marketing videos and advertisements. Adele's experience with performing and teaching improvisation will help you discover key ways to get your business and message out to potential clients. Please bring whatever device you would like to practice recording your video.

Date: Saturday, Oct 11th
(1 day session)

Time: 10:00am-12:00pm

Fee: \$40.00 (\$50.00 NR)

Location: CCC



Roadmap to College (For Juniors/Seniors and Parents)

Learn how to find the perfect college fit, build strong applications, and master the steps, timeline, and strategies of today's college admissions process. Understand the competitive factors that influence decisions. Learn how to create good teamwork between parents, students and high school guidance counselors. Topics include college search, tests, essays, interviews, visits, recommendations, resumes, application technologies and scholarships. Ask questions and get help in this comprehensive, one-session class.

Instructor: Kathy Hooker

Date: Sat, 11/8 1-4 pm

Fee: \$60.00

Location: CCC



CANTON YOUTH SPORTS AFFILIATES

Avon/Canton Hockey: www.avonhockey.com

Basketball: www.cantonyouthathletics.com

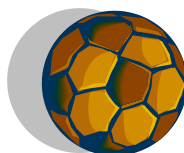
Football/Cheer: www.focf.zoomshare.com

Lacrosse: www.cantonlax.org

Soccer: www.cantonsoccer.org

Travel Football: www.warriorsfbc.com

Additional Contact Info is available at
www.cantonrec.org under "Affiliates"



Purchase Canton Parks & Recreation:

T-shirt for \$15.00

Beverage Travel Tumbler for \$10.00

*Items are available at the Parks and
Recreation Office.*

*A perfect gift and a way to
show town pride!*



TOWN PARKS & FACILITIES

Exciting Upcoming Improvements to Mills Pond Park

The Town of Canton was awarded a STEEP Grant for several park projects for 2014-2015. This includes a complete overhaul of the Mills Pond Pool House which you can expect to enjoy summer 2015. This will include family changing rooms, program/storage space, and a variety of other amenities. Additionally, the park basketball and tennis courts will undergo some repair and a new Skate Park will be created. The Parks and Recreation Department is very excited about these projects and look forward to having the community enjoy the improvements in the coming months. We hope the improvements will serve to enhance the quality of life for the Canton community!



Mills Pond Pool House– New pool house will begin construction in the fall. It is expected the renovations will be ready for summer 2015 re-launch!



Mills Pond Skate Park– It is expected the new skate park will be put in directly following the winter. The new skate park will be available for use in the spring of 2015

Town Parks, Trails and Facilities

Mills Pond Park (East Hill Road)

Mills Pond Park is Canton's premier recreation facility. The park includes: Olympic size pool, wading pool, sand volleyball court, picnic shelters, 4 tennis courts, 2 basketball courts, playscape, soccer fields, 3 baseball/softball diamonds, skate park, and walking area around the pond.



For group functions or use of athletic fields, a facility use permit must be obtained from the Parks & Recreation Office. **Picnic Shelters may be rented for \$15 for 4 hours.** Contact the Parks & Recreation Office for available dates and to book your gathering today!

Canton Community Center & Community Gardens (Dyer Ave)

CCC houses the Parks and Recreation, Public Library and the Senior/Social Services Department. The center includes program spaces and meeting rooms. Garden plots are available for purchase in the spring. Information will be available at www.cantonrec.org in the coming months.

Bicentennial Park (Old River Road)

This field is used by Canton Little League for practices. There is parking and access to the Farmington River Trail.

Dyer Field (Dyer Ave)

Home to Canton Little League's Softball program

Canton Green (Dowd Ave & Albany Turnpike)

The Canton green is a quaint space in the middle of a busy section of town. This is also the home of the annual tree lighting event in December.

Millennium Fields (Simonds Ave)

These fields are used primarily by Canton Little League and currently houses the park's maintenance garage.

Town of Canton

4 Market Street

P.O. Box 168

Collinsville, CT 06022-0168

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Canton, CT 06019

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OPPORTUNITIES!

Advertise your business

Please contact Claudia Nardi or Kerri Kazlauskas at (860) 693-7841 or email your request to cnardi@townofcantonct.org.

Our newsletter offers advertising space for a Business Card or a Quarter Page. This newsletter is sent out to 5000+ Canton households as well as appearing on the Town of Canton website. Our next issue will be published in September. All advertising space is on a first come, first served basis.

Employment

If you or someone you know is currently looking for work, visit our website at www.townofcantonct.org to view current municipal employment opportunities. An application may be downloaded at any time. All postings are accompanied by a job description and are QNotified through our email notification system.



Volunteering

Valuing Life...at a Moment's Notice

JOIN US TODAY!

www.cantonfireandems.org

or email us at hboyko@townofcantonct.org

Canton Parks & Recreation Flyer

The Parks & Recreation flyer is enclosed and the registration form for events can be found online at www.cantonrec.org. All the upcoming summer events, swim schedules and classes are located inside.

Post this newsletter in the kitchen, your office or download it off the internet to stay informed of all September, October, November and December's exciting events!

Go GREEN!! You can save paper and save the postage! Canton Parks and Recreation now takes online registration at www.cantonrec.org. By registering online you will be able to browse programs, events, manage your account and more!

Receive ALL Town Information

Our town website has the ability to notify you by email for electronic delivery of town news, public notices, Meeting agendas, postings and much more! It is FREE and easy; visit www.townofcantonct.org. In the left-hand margin of the Welcome page you'll see:

**Click Here To Receive
Email Notifications** 