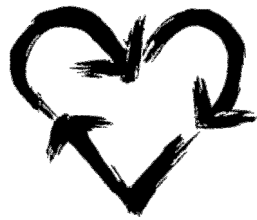


QPR-Save a Life!

QPR stands for Question, Persuade, & Refer
3 simple steps that anyone can learn to help save a life from suicide



Free Training Workshop

Open to Town Employees, Board/Commission Members

Canton Community Center

Wednesday Sept 13, 2017

10:00AM-12noon

includes training & refreshments

People trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year thousands of Americans, like you, are saying "Yes" to saving the life of a friend, colleague, sibling, or neighbor. QPR is a simple educational program that teaches ordinary citizens how to recognize a mental health emergency and how to get a person at risk the help they need. It is also an action plan that can result in lives saved. As a QPR-trained Gatekeeper you will learn to: recognize the warning signs of suicide, know how to offer hope & know how to get help and save a life.

Space is limited to 30 Registrants, so sign up ASAP

Call Senior & Social Services at 860.693.5811 x3 to Register
sponsored by Canton's Safety Committee

