

# SHINING THE SPOTLIGHT ON MENTAL WELLNESS:



**Thursday, March 9, 2017**  
**Canton Community Center**  
40 Dyer Ave, Canton, CT

## RESOURCE FAIR

5:30-8:00PM

- DMHAS
- 2-1-1
- MOBIL CRISIS/CAPITOL REGION MENTAL HEALTH
- CHRYSALIS CENTER
- WALGREENS PHARMACY
- CANTON POLICE DEPT
- POLICY MAKERS
- CANTON PUBLIC SCHOOLS
- CANTON YOUTH SERVICES BUREAU & SUBSTANCE ABUSE COUNCIL
- NAMI/CT
- AA/NA MATERIALS
- CASAC
- ADVOCACY UNLIMITED/ TOIVO

*and more!!!!*

Learn about  
**Medication  
Assisted Treatment**

### WHERE TO GET HELP

See a NARCAN  
demonstration!

**DRUG TAKE BACK**  
bring in your old  
unused  
medication for  
safe discard

## COMMUNITY FORUM

6:00PM

featuring

### STEP ONE: EDUCATE YOURSELF

a presentation & introduction to the issues:  
Miriam Delphin-Rittmon, PhD, Commissioner  
CT Department of Mental Health & Addiction Services

### RECOVERY IS A POSSIBILITY: MY STORY

an illustration of perseverance and hope  
presented by Ms. Laura Shafer, PhD.

### A CALL TO ACTION

the local Look At What's Happening,  
Canton's Year of Mental Wellness Campaign &  
the Call to Action!!

by Maria Coutant Skinner, LCSW  
McCall Center for Behavioral Health



A collaborative effort of Canton's  
Mental Health Task Force, spearheaded by the FVHD

